

## Chilled Choice Menu

Client Name: \_\_\_\_\_

### 12<sup>th</sup> May 2026 – 15<sup>th</sup> May 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 12 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Quiche Lorraine & tomato chutney with roast Potato, broccoli & squash	
Meal B	<input type="checkbox"/> Meatloaf (Beef) & gravy, mashed potato, roast carrots & beans ( <i>GF, LF, Dia</i> )	
Vege Meal	<input type="checkbox"/> Pesto, sundried tomato creamy pasta with roasted carrots & beans	
Salad Meal A	<input type="checkbox"/> Chicken Caesar Salad	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast beef ( <i>GF, LF</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Potato & Leek Soup ( <i>GF</i> )	
Soup B	<input type="checkbox"/> Crème of Broccoli Soup ( <i>Dia</i> )	
Dessert A	<input type="checkbox"/> Sticky Date Pudding & Custard	
Dessert B	<input type="checkbox"/> Apple Cake with Cream ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Roast Beef, Cheese & Tomato Chutney	
Sandwich B	<input type="checkbox"/> Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 13 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Chicken Vegetable Pie & gravy with mashed pumpkin & peas	
Meal B	<input type="checkbox"/> Roast Beef & gravy with roast potato, roast carrots & beans ( <i>GF, LF</i> )	
Vege Meal	<input type="checkbox"/> Spinach & Feta Frittata with mashed pumpkin & peas ( <i>GF, Dia</i> )	
Salad Meal A	<input type="checkbox"/> Roast Sweet Potato, sultana & peanut rice salad with roast beef ( <i>GF, LF</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb ( <i>GF, LF</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Minestrone ( <i>GF, LF, Dia</i> )	
Soup B	<input type="checkbox"/> Pumpkin Soup ( <i>GF, Dia</i> )	
Dessert A	<input type="checkbox"/> Mango Cheesecake	
Dessert B	<input type="checkbox"/> Coffee Cake with Cream	
Sandwich A	<input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	<input type="checkbox"/> Corned Beef & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 14 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Roast Chicken & chasseur sauce with roast chat potato, carrot & beans ( <i>GF</i> )	
Meal B	<input type="checkbox"/> Beef Stroganoff with rice, corn & baked zucchini ( <i>GF</i> )	
Vege Meal	<input type="checkbox"/> Vegetarian Steamed Dim Sims with Rice, Corn & Baked Zucchini ( <i>LF</i> )	
Salad Meal A	<input type="checkbox"/> Thai Chicken Salad ( <i>LF, GF</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & corned beef ( <i>GF, LF</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Spring Vegetable Soup ( <i>GF, Dia</i> )	
Soup B	<input type="checkbox"/> Crème of Cauliflower Soup ( <i>GF, Dia</i> )	
Dessert A	<input type="checkbox"/> Apple rhubarb sponge with custard	
Dessert B	<input type="checkbox"/> Peach Cake with Cream ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Egg, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Pickled Pork, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 15 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Curried beef sausages with rice, carrots & beans ( <i>GF, LF</i> )	
Meal B	<input type="checkbox"/> Battered Fish & tartare sauce with chips, mashed pumpkin & peas	
Vege Meal	<input type="checkbox"/> Pea, Carrot & Peanut Pilaf with mashed pumpkin & beans ( <i>GF, LF, Dia</i> )	
Salad Meal A	<input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb ( <i>GF, LF</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast pork ( <i>GF, LF</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Tomato Soup ( <i>GF, LF, Dia</i> )	
Soup B	<input type="checkbox"/> Chicken Noodle ( <i>LF</i> )	
Dessert A	<input type="checkbox"/> Creamed Sago & Stewed Apricots	
Dessert B	<input type="checkbox"/> Bread & butter pudding with cream ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

## Chilled Choice Menu

**19<sup>th</sup> May 2026 – 22<sup>nd</sup> May 2026 (CHILLED MEALS ONLY)**

Item	TUESDAY – 19 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Roast Pork, gravy & apple sauce, roast potato, pumpkin & baked zucchini ( <i>GF, LF</i> )	
Meal B	<input type="checkbox"/> Beef Lasagne with Broccoli, Cauliflower & Carrots	
Vege Meal	<input type="checkbox"/> Zucchini & Corn Slice with broccoli, cauliflower & carrot ( <i>GF, Dia</i> )	
Salad Meal A	<input type="checkbox"/> Greek Salad with sweet potato salad & beef ( <i>GF, LF, Dia</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & lamb ( <i>GF, LF, Dia</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Pumpkin Soup ( <i>GF, Dia</i> )	
Soup B	<input type="checkbox"/> Mushroom Soup ( <i>GF, Dia</i> )	
Dessert A	<input type="checkbox"/> Apple Tea Cake with Custard	
Dessert B	<input type="checkbox"/> Apricot Cake with Cream ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	<input type="checkbox"/> Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 20 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Chicken Kiev's with mashed potato, peas & corn	
Meal B	<input type="checkbox"/> Cottage Pie (Beef) with roast pumpkin, beans & cauliflower ( <i>GF, LF</i> )	
Vege Meal	<input type="checkbox"/> Roast Pumpkin, chickpea & spinach risotto with beans & cauliflower ( <i>GF, LF, Dia</i> )	
Salad Meal A	<input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork ( <i>GF, LF, Dia</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & chicken ( <i>GF, LF, Dia</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Tomato Soup ( <i>GF, LF, Dia</i> )	
Soup B	<input type="checkbox"/> Beef & Vegetable ( <i>GF, LF, Dia</i> )	
Dessert A	<input type="checkbox"/> Syrup Steamed Pudding & Custard	
Dessert B	<input type="checkbox"/> Carrot Cake with Cream ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Pickled Pork, Cheese & Tomato	
Sandwich B	<input type="checkbox"/> Roast Beef, Cheese & Dijon Mustard	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 21 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Chicken Carbonara Pasta with Broccoli, Cauliflower & Carrots	
Meal B	<input type="checkbox"/> Beef Pie & Gravy with mashed potato & mushy peas ( <i>LF</i> )	
Vege Meal	<input type="checkbox"/> Vegetarian Pastie with broccoli, cauliflower & carrots ( <i>LF</i> )	
Salad Meal A	<input type="checkbox"/> Chicken pesto pasta salad, sundried tomato, red onion & pesto mayo ( <i>LF</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & pickled pork ( <i>GF, LF, Dia</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Asparagus Soup ( <i>LF, Dia</i> )	
Soup B	<input type="checkbox"/> Minestrone ( <i>GF, LF, Dia</i> )	
Dessert A	<input type="checkbox"/> Mango Mousse & Pears ( <i>GF</i> )	
Dessert B	<input type="checkbox"/> Lemon & Ginger Cake & Cream ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Corned Beef, Cheese & Pickles	
Sandwich B	<input type="checkbox"/> Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 22 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Baked Fish, tomato & basil sauce, roast chat potato, carrot & beans ( <i>GF, LF</i> )	
Meal B	<input type="checkbox"/> Corned Beef & mustard white sauce with mashed potato, roast sweet potato & peas ( <i>GF</i> )	
Vege Meal	<input type="checkbox"/> Sundried tomato, spinach & olive frittata, roast sweet potato & peas ( <i>Dia</i> )	
Salad Meal A	<input type="checkbox"/> Tuna Nicoise Salad ( <i>GF, LF</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & Silverside ( <i>GF, LF, Dia</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Chicken & Corn Soup ( <i>GF</i> )	
Soup B	<input type="checkbox"/> Potato & Leek Soup ( <i>GF</i> )	
Dessert A	<input type="checkbox"/> Apple Pie & Custard	
Dessert B	<input type="checkbox"/> Two Fruits, Jelly & Custard ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Ham, cheese & tomato	
Sandwich B	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Client Name: \_\_\_\_\_

**26<sup>th</sup> May 2026 – 29<sup>th</sup> May 2026 (CHILLED MEALS ONLY)**

Item	TUESDAY – 26 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Honey Mustard Chicken with rice, beans & carrots <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Roast Beef & Gravy with roast potato, roast pumpkin & peas <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Mushroom & Spinach Risotto with peas & carrots <i>(GF, LF)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Caesar Salad	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast beef <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Vegetable <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Bread & Butter Pudding with whipped cream	
Dessert B	<input type="checkbox"/> Two Fruit Cake with whipped cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Picked pork, cheese & tomato	
Sandwich B	<input type="checkbox"/> Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 27 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Minted Lamb Casserole with mashed potato, carrots & beans <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Pickled Pork & white sauce with mashed pumpkin, peas & squash <i>(GF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Spinach & Feta Slice with mashed potato, carrots & beans <i>(GF)</i>	
Salad Meal A	<input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & pickled pork <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> French Onion Soup <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Minestrone <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Lemon Cheesecake	
Dessert B	<input type="checkbox"/> Chocolate Cake with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Cheese & Tomato chutney	
Sandwich B	<input type="checkbox"/> Chicken Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 28 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Apricot Chicken with rice, beans & carrots <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn <i>(GF)</i>	
Vege Meal	<input type="checkbox"/> Pea, Carrot & Peanut Pilaf with broccoli & corn <i>(GF, LF)</i>	
Salad Meal A	<input type="checkbox"/> Roast sweet potato, sultana & peanut rice salad with roast beef <i>(GF, LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Potato & Leek <i>(GF)</i>	
Soup B	<input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Fruit cake & Custard	
Dessert B	<input type="checkbox"/> Sago with Stewed Apricots <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Pork, cheese, red onion & apple sauce	
Sandwich B	<input type="checkbox"/> Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 29 May 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Roast Chicken, Gravy with roast potato, carrots & brussel sprouts <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Crumbed Fish & Tartare Sauce with chips, mashed pumpkin & beans	
Vege Meal	<input type="checkbox"/> Vegetarian dim sims with roast potato, honey carrots & brussel sprouts <i>(LF)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Pesto pasta salad, sundried tomato, red onion & pesto mayo <i>(LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast pork <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Broccoli Soup <i>(Dia)</i>	
Soup B	<input type="checkbox"/> Pumpkin Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Mud cake & ganache	
Dessert B	<input type="checkbox"/> Apple Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Ham, cheese & tomato	
Sandwich B	<input type="checkbox"/> Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

**2<sup>nd</sup> June 2026 – 5<sup>th</sup> June 2026 (CHILLED MEALS ONLY)**

Item	TUESDAY – 2 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Beef Sausages, onion gravy, sweet potato mash, beans & squash <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Chicken Schnitzel & gravy with roast pumpkin, peas & corn <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Roasted pumpkin, chickpea & spinach risotto with beans & squash <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Cauliflower Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Chicken & Corn Soup <i>(GF)</i>	
Dessert A	<input type="checkbox"/> Apricot Crumble & Custard	
Dessert B	<input type="checkbox"/> Apple Tea Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Corned Beef, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 3 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> BBQ Pulled Pork with mashed potato, peas & carrots <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Beef Rissoles & gravy with sweet potato mash, beans & cabbage <i>(GF, LF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Zucchini & Corn Slice with sweet potato mash, beans & cabbage <i>(GF)</i>	
Salad Meal A	<input type="checkbox"/> Thai Chicken Salad <i>(LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Mushroom Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Asparagus Soup <i>(LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Carrot Cake with Cream Cheese Icing	
Dessert B	<input type="checkbox"/> Fruit Salad with custard <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Tomato & Dijon Mustard	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 4 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower <i>(LF)</i>	
Vege Meal	<input type="checkbox"/> Vegetarian Schnitzel with fried rice, broccoli, carrots & cauliflower <i>(GF, LF)</i>	
Salad Meal A	<input type="checkbox"/> Greek Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Chicken Noodle <i>(LF)</i>	
Soup B	<input type="checkbox"/> Crème of Chicken Soup <i>(Dia)</i>	
Dessert A	<input type="checkbox"/> Creamed Rice with Apricots <i>(GF)</i>	
Dessert B	<input type="checkbox"/> Apple Pie & Custard <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> BBQ Pulled Pork & Coleslaw	
Sandwich B	<input type="checkbox"/> Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 5 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots <i>(GF)</i>	
Meal B	<input type="checkbox"/> Mild Chicken Korma with rice, roast pumpkin & beans <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Roast pumpkin & sundried tomato cream pasta with broccoli & carrots	
Salad Meal A	<input type="checkbox"/> Tuna Nicoise Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & corned beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> French Onion Soup <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Two Fruits Jelly & Custard	
Dessert B	<input type="checkbox"/> Mango Mouse & Pears <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Curried Egg & Lettuce	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Client Name: \_\_\_\_\_

**9<sup>th</sup> June 2026 – 12<sup>th</sup> June 2026 (CHILLED MEALS ONLY)**

Item	TUESDAY – 9 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Quiche Lorraine & tomato chutney with roast Potato, broccoli & squash	
Meal B	<input type="checkbox"/> Meatloaf (Beef) & gravy, mashed potato, roast carrots & beans <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Pesto, sundried tomato creamy pasta with roasted carrots & beans	
Salad Meal A	<input type="checkbox"/> Chicken Caesar Salad	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast beef <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Potato & Leek Soup <i>(GF)</i>	
Soup B	<input type="checkbox"/> Crème of Broccoli Soup <i>(Dia)</i>	
Dessert A	<input type="checkbox"/> Sticky Date Pudding & Custard	
Dessert B	<input type="checkbox"/> Apple Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Cheese & Tomato Chutney	
Sandwich B	<input type="checkbox"/> Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 10 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Chicken Vegetable Pie & gravy with mashed pumpkin & peas	
Meal B	<input type="checkbox"/> Roast Beef & gravy with roast potato, roast carrots & beans <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Spinach & Feta Frittata with mashed pumpkin & peas <i>(GF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Roast Sweet Potato, sultana & peanut rice salad with roast beef <i>(GF, LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Minestrone <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Pumpkin Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Mango Cheesecake	
Dessert B	<input type="checkbox"/> Coffee Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	<input type="checkbox"/> Corned Beef & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 11 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Roast Chicken & chasseur sauce with roast chat potato, carrot & beans <i>(GF)</i>	
Meal B	<input type="checkbox"/> Beef Stroganoff with rice, corn & baked zucchini <i>(GF)</i>	
Vege Meal	<input type="checkbox"/> Vegetarian Steamed Dim Sims with Rice, Corn & Baked Zucchini <i>(LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Thai Chicken Salad <i>(LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & corned beef <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Spring Vegetable Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Cauliflower Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Apple rhubarb sponge with custard	
Dessert B	<input type="checkbox"/> Peach Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Egg, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Pickled Pork, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 12 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Curried beef sausages with rice, carrots & beans <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Battered Fish & tartare sauce with chips, mashed pumpkin & peas	
Vege Meal	<input type="checkbox"/> Pea, Carrot & Peanut Pilaf with mashed pumpkin & beans <i>(GF, LF)</i>	
Salad Meal A	<input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast pork <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Chicken Noodle <i>(LF)</i>	
Dessert A	<input type="checkbox"/> Creamed Sago & Stewed Apricots	
Dessert B	<input type="checkbox"/> Bread & Butter pudding with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

## Chilled Choice Menu

**16<sup>th</sup> June 2026 – 19<sup>th</sup> June 2026 (CHILLED MEALS ONLY)**

Item	TUESDAY – 16 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Roast Pork, gravy & apple sauce, roast potato, pumpkin & baked zucchini ( <i>GF, LF</i> )	
Meal B	<input type="checkbox"/> Beef Lasagne with Broccoli, Cauliflower & Carrots	
Vege Meal	<input type="checkbox"/> Zucchini & Corn Slice with broccoli, cauliflower & carrot ( <i>GF</i> )	
Salad Meal A	<input type="checkbox"/> Greek Salad with sweet potato salad & beef ( <i>GF, LF, Dia</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & lamb ( <i>GF, LF, Dia</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Pumpkin Soup ( <i>GF, Dia</i> )	
Soup B	<input type="checkbox"/> Mushroom Soup ( <i>GF, Dia</i> )	
Dessert A	<input type="checkbox"/> Apple Tea Cake with Custard	
Dessert B	<input type="checkbox"/> Apricot Cake with Cream ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	<input type="checkbox"/> Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 17 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Chicken Kiev's with mashed potato, peas & corn	
Meal B	<input type="checkbox"/> Cottage Pie (Beef) with roast pumpkin, beans & cauliflower ( <i>GF, LF</i> )	
Vege Meal	<input type="checkbox"/> Roast Pumpkin, chickpea & spinach risotto with beans & cauliflower ( <i>GF, LF</i> )	
Salad Meal A	<input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork ( <i>GF, LF, Dia</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & chicken ( <i>GF, LF, Dia</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Tomato Soup ( <i>GF, LF, Dia</i> )	
Soup B	<input type="checkbox"/> Beef & Vegetable ( <i>GF, LF, Dia</i> )	
Dessert A	<input type="checkbox"/> Syrup Steamed Pudding & Custard	
Dessert B	<input type="checkbox"/> Carrot Cake with Cream ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Pickled Pork, Cheese & Tomato	
Sandwich B	<input type="checkbox"/> Roast Beef, Cheese & Dijon Mustard	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 18 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Chicken Carbonara Pasta with Broccoli, Cauliflower & Carrots	
Meal B	<input type="checkbox"/> Beef Pie & Gravy with mashed potato & mushy peas ( <i>LF</i> )	
Vege Meal	<input type="checkbox"/> Vegetarian Pastie with broccoli, cauliflower & carrots ( <i>LF</i> )	
Salad Meal A	<input type="checkbox"/> Chicken pesto pasta salad, sundried tomato, red onion & pesto mayo ( <i>LF</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & pickled pork ( <i>GF, LF, Dia</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Asparagus Soup ( <i>LF, Dia</i> )	
Soup B	<input type="checkbox"/> Minestrone ( <i>GF, LF, Dia</i> )	
Dessert A	<input type="checkbox"/> Mango Mousse & Pears ( <i>GF</i> )	
Dessert B	<input type="checkbox"/> Lemon & Ginger Cake ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Corned Beef, Cheese & Pickles	
Sandwich B	<input type="checkbox"/> Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 19 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Baked Fish, tomato & basil sauce, roast chat potato, carrot & beans ( <i>GF, LF</i> )	
Meal B	<input type="checkbox"/> Corned Beef & mustard white sauce with mashed potato, roast sweet potato & peas ( <i>GF, Dia</i> )	
Vege Meal	<input type="checkbox"/> Sundried tomato, spinach & olive frittata, roast sweet potato & peas ( <i>Dia</i> )	
Salad Meal A	<input type="checkbox"/> Tuna Nicoise Salad ( <i>GF, LF, Dia</i> )	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & Silverside ( <i>GF, LF, Dia</i> )	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Chicken & Corn Soup ( <i>GF, Dia</i> )	
Soup B	<input type="checkbox"/> Potato & Leek Soup ( <i>GF, Dia</i> )	
Dessert A	<input type="checkbox"/> Apple Pie & Custard	
Dessert B	<input type="checkbox"/> Two Fruits, Jelly & Custard ( <i>Dia</i> )	
Sandwich A	<input type="checkbox"/> Ham, cheese & tomato	
Sandwich B	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

## Chilled Choice Menu

Client Name: \_\_\_\_\_

### 23<sup>rd</sup> June 2026 – 26<sup>th</sup> June (CHILLED MEALS ONLY)

Item	TUESDAY – 23 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Honey Mustard Chicken with rice, beans & carrots <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Roast Beef & Gravy with roast potato, roast pumpkin & peas <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Mushroom & Spinach Risotto with peas & carrots <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Caesar Salad	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast beef <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Vegetable <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Bread & Butter Pudding with whipped cream	
Dessert B	<input type="checkbox"/> Two Fruit Cake with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Picked pork, cheese & tomato	
Sandwich B	<input type="checkbox"/> Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 24 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Minted Lamb Casserole with mashed potato, carrots & beans <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Pickled Pork & white sauce with mashed pumpkin, peas & squash <i>(GF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Spinach & Feta Slice with mashed potato, carrots & beans <i>(GF)</i>	
Salad Meal A	<input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & pickled pork <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> French Onion Soup <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Minestrone <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Lemon Cheesecake	
Dessert B	<input type="checkbox"/> Chocolate Cake with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Cheese & Tomato chutney	
Sandwich B	<input type="checkbox"/> Chicken Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 25 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Apricot Chicken with rice, beans & carrots <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn <i>(GF)</i>	
Vege Meal	<input type="checkbox"/> Pea, Carrot & Peanut Pilaf with broccoli & corn <i>(GF, LF)</i>	
Salad Meal A	<input type="checkbox"/> Roast sweet potato, sultana & peanut rice salad with roast beef <i>(GF, LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Potato & Leek <i>(GF)</i>	
Soup B	<input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Fruit cake & Custard	
Dessert B	<input type="checkbox"/> Sago with Stewed Apricots <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Pork, cheese, red onion & apple sauce	
Sandwich B	<input type="checkbox"/> Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 26 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Roast Chicken, Gravy with roast potato, carrots & brussel sprouts <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Crumbed Fish & Tartare Sauce with chips, mashed pumpkin & beans	
Vege Meal	<input type="checkbox"/> Vegetarian dim sims with roast potato, honey carrots & brussel sprouts <i>(LF)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Pesto pasta salad, sundried tomato, red onion & pesto mayo <i>(LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast pork <i>(GF, LF)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Broccoli Soup <i>(Dia)</i>	
Soup B	<input type="checkbox"/> Pumpkin Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Mud cake & ganache	
Dessert B	<input type="checkbox"/> Apple Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Ham, cheese & tomato	
Sandwich B	<input type="checkbox"/> Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

## Chilled Choice Menu

**30<sup>th</sup> June – 3<sup>rd</sup> July 2026 (CHILLED MEALS ONLY)**

Item	TUESDAY – 30 June 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Beef Sausages, onion gravy, sweet potato mash, beans & squash <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Chicken Schnitzel & gravy with roast pumpkin, peas & corn <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Roasted pumpkin, chickpea & spinach risotto with beans & squash <i>(GF, LF)</i>	
Salad Meal A	<input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Crème of Cauliflower Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Chicken & Corn Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Apricot Crumble & Custard	
Dessert B	<input type="checkbox"/> Apple Tea Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Corned Beef, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 1 July 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> BBQ Pulled Pork with mashed potato, peas & carrots <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Beef Rissoles & gravy with sweet potato mash, beans & cabbage <i>(GF, LF Dia)</i>	
Vege Meal	<input type="checkbox"/> Zucchini & Corn Slice with sweet potato mash, beans & cabbage <i>(GF)</i>	
Salad Meal A	<input type="checkbox"/> Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Mushroom Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Asparagus Soup <i>(LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Carrot Cake with Cream Cheese Icing	
Dessert B	<input type="checkbox"/> Fruit Salad with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Tomato & Dijon Mustard	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 2 July 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower <i>(LF)</i>	
Vege Meal	<input type="checkbox"/> Vegetarian Schnitzel with fried rice, broccoli, carrots & cauliflower <i>(GF, LF)</i>	
Salad Meal A	<input type="checkbox"/> Greek Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Chicken Noodle <i>(LF)</i>	
Soup B	<input type="checkbox"/> Crème of Chicken Soup <i>(Dia)</i>	
Dessert A	<input type="checkbox"/> Creamed Rice with Apricots <i>(GF)</i>	
Dessert B	<input type="checkbox"/> Apple Pie & Custard <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> BBQ Pulled Pork & Coleslaw	
Sandwich B	<input type="checkbox"/> Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 3 July 2026	QTY
<b>Main Meals (choose any of the below for your main meal)</b>		
Meal A	<input type="checkbox"/> Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots <i>(GF)</i>	
Meal B	<input type="checkbox"/> Mild Chicken Korma with rice, roast pumpkin & beans <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Roast pumpkin & sundried tomato cream pasta with broccoli & carrots	
Salad Meal A	<input type="checkbox"/> Tuna Nicoise Salad <i>(GF, LF)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & corned beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
<b>Other Menu Items</b>		
Soup A	<input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> French Onion Soup <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Two Fruits Jelly & Custard	
Dessert B	<input type="checkbox"/> Mango Mouse & Pears <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Curried Egg & Lettuce	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Office Use Only:

Run No: \_\_\_\_\_ Processed by: \_\_\_\_\_