

Chilled Choice Menu

Client Name: _____

17th March 2026 – 20th March 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 17 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Quiche Lorraine & tomato chutney with roast Potato, broccoli & squash	
Meal B	<input type="checkbox"/> Meatloaf (Beef) & gravy, mashed potato, roast carrots & beans <i>(GF, LF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Pesto, sundried tomato creamy pasta with roasted carrots & beans <i>(Dia)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Caesar Salad <i>(Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Potato & Leek Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Broccoli Soup <i>(Dia)</i>	
Dessert A	<input type="checkbox"/> Sticky Date Pudding & Custard	
Dessert B	<input type="checkbox"/> Apple Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Cheese & Tomato Chutney	
Sandwich B	<input type="checkbox"/> Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 18 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Chicken Vegetable Pie & gravy with mashed pumpkin & peas	
Meal B	<input type="checkbox"/> Roast Beef & gravy with roast potato, roast carrots & beans <i>(GF, LF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Spinach & Feta Frittata with mashed pumpkin & peas <i>(GF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Roast Sweet Potato, sultana & peanut rice salad with roast beef <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Minestrone <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Pumpkin Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Mango Cheesecake <i>(Dia)</i>	
Dessert B	<input type="checkbox"/> Coffee Cake with Cream	
Sandwich A	<input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	<input type="checkbox"/> Corned Beef & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 19 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Roast Chicken & chasseur sauce with roast chat potato, carrot & beans <i>(GF, Dia)</i>	
Meal B	<input type="checkbox"/> Beef Stroganoff with rice, corn & baked zucchini <i>(GF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Vegetarian Steamed Dim Sims with Rice, Corn & Baked Zucchini <i>(LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & corned beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Spring Vegetable Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Cauliflower Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Apple rhubarb sponge with custard <i>(Dia)</i>	
Dessert B	<input type="checkbox"/> Peach Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Egg, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Pickled Pork, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 20 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Curried beef sausages with rice, carrots & beans <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Battered Fish & tartare sauce with chips, mashed pumpkin & peas	
Vege Meal	<input type="checkbox"/> Pea, Carrot & Peanut Pilaf with mashed pumpkin & beans <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Chicken Noodle <i>(LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Creamed Sago & Stewed Apricots <i>(Dia)</i>	
Dessert B	<input type="checkbox"/> Bread & butter pudding with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Chilled Choice Menu

24th March 2026 – 27th March 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 24 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Roast Pork, gravy & apple sauce, roast potato, pumpkin & baked zucchini (<i>GF, LF, Dia</i>)	
Meal B	<input type="checkbox"/> Beef Lasagne with Broccoli, Cauliflower & Carrots	
Vege Meal	<input type="checkbox"/> Zucchini & Corn Slice with broccoli, cauliflower & carrot (<i>GF, Dia</i>)	
Salad Meal A	<input type="checkbox"/> Greek Salad with sweet potato salad & beef (<i>GF, LF, Dia</i>)	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & lamb (<i>GF, LF, Dia</i>)	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Pumpkin Soup (<i>GF, Dia</i>)	
Soup B	<input type="checkbox"/> Mushroom Soup (<i>GF, Dia</i>)	
Dessert A	<input type="checkbox"/> Apple Tea Cake with Custard (<i>Dia</i>)	
Dessert B	<input type="checkbox"/> Apricot Cake with Cream (<i>Dia</i>)	
Sandwich A	<input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	<input type="checkbox"/> Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 25 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Chicken Kiev's with mashed potato, peas & corn	
Meal B	<input type="checkbox"/> Cottage Pie (Beef) with roast pumpkin, beans & cauliflower (<i>GF, LF, Dia</i>)	
Vege Meal	<input type="checkbox"/> Roast Pumpkin, chickpea & spinach risotto with beans & cauliflower (<i>GF, LF, Dia</i>)	
Salad Meal A	<input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork (<i>GF, LF, Dia</i>)	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & chicken (<i>GF, LF, Dia</i>)	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Tomato Soup (<i>GF, LF, Dia</i>)	
Soup B	<input type="checkbox"/> Beef & Vegetable (<i>GF, LF, Dia</i>)	
Dessert A	<input type="checkbox"/> Syrup Steamed Pudding & Custard	
Dessert B	<input type="checkbox"/> Carrot Cake with Cream (<i>Dia</i>)	
Sandwich A	<input type="checkbox"/> Pickled Pork, Cheese & Tomato	
Sandwich B	<input type="checkbox"/> Roast Beef, Cheese & Dijon Mustard	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 26 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Chicken Carbonara Pasta with Broccoli, Cauliflower & Carrots (<i>Dia</i>)	
Meal B	<input type="checkbox"/> Beef Pie & Gravy with mashed potato & mushy peas (<i>LF</i>)	
Vege Meal	<input type="checkbox"/> Vegetarian Pastie with broccoli, cauliflower & carrots (<i>LF, Dia</i>)	
Salad Meal A	<input type="checkbox"/> Chicken pesto pasta salad, sundried tomato, red onion & pesto mayo (<i>LF, Dia</i>)	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & pickled pork (<i>GF, LF, Dia</i>)	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Asparagus Soup (<i>LF, Dia</i>)	
Soup B	<input type="checkbox"/> Minestrone (<i>GF, LF, Dia</i>)	
Dessert A	<input type="checkbox"/> Mango Mousse & Pears (<i>GF, Dia</i>)	
Dessert B	<input type="checkbox"/> Lemon & Ginger Cake (<i>Dia</i>)	
Sandwich A	<input type="checkbox"/> Corned Beef, Cheese & Pickles	
Sandwich B	<input type="checkbox"/> Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 27 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Baked Fish, tomato & basil sauce, roast chat potato, carrot & beans (<i>GF, LF, Dia</i>)	
Meal B	<input type="checkbox"/> Corned Beef & mustard white sauce with mashed potato, roast sweet potato & peas (<i>GF, Dia</i>)	
Vege Meal	<input type="checkbox"/> Sundried tomato, spinach & olive frittata, roast sweet potato & peas (<i>Dia</i>)	
Salad Meal A	<input type="checkbox"/> Tuna Nicoise Salad (<i>GF, LF, Dia</i>)	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & Silverside (<i>GF, LF, Dia</i>)	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Chicken & Corn Soup (<i>GF, Dia</i>)	
Soup B	<input type="checkbox"/> Potato & Leek Soup (<i>GF, Dia</i>)	
Dessert A	<input type="checkbox"/> Apple Pie & Custard	
Dessert B	<input type="checkbox"/> Two Fruits, Jelly & Custard (<i>Dia</i>)	
Sandwich A	<input type="checkbox"/> Ham, cheese & tomato	
Sandwich B	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Chilled Choice Menu

Client Name: _____

31 March 2026 – 3rd April 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 31 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Honey Mustard Chicken with rice, beans & carrots <i>(GF, Dia)</i>	
Meal B	<input type="checkbox"/> Roast Beef & Gravy with roast potato, roast pumpkin & peas <i>(GF, LF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Mushroom & Spinach Risotto with peas & carrots <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Caesar Salad <i>(Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Vegetable <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Bread & Butter Pudding with whipped cream	
Dessert B	<input type="checkbox"/> Two Fruit Cake with whipped cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Picked pork, cheese & tomato	
Sandwich B	<input type="checkbox"/> Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 1 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Minted Lamb Casserole with mashed potato, carrots & beans <i>(GF, LF, Dia)</i>	
Meal B	<input type="checkbox"/> Pickled Pork & white sauce with mashed pumpkin, peas & squash <i>(GF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Spinach & Feta Slice with mashed potato, carrots & beans <i>(GF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & pickled pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> French Onion Soup <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Minestrone <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Lemon Cheesecake	
Dessert B	<input type="checkbox"/> Chocolate Cake with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Cheese & Tomato chutney	
Sandwich B	<input type="checkbox"/> Chicken Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 2 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Apricot Chicken with rice, beans & carrots <i>(GF, LF, Dia)</i>	
Meal B	<input type="checkbox"/> Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn <i>(GF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Pea, Carrot & Peanut Pilaf with broccoli & corn <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Roast sweet potato, sultana & peanut rice salad with roast beef <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Potato & Leek <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Fruit cake & Custard <i>(Dia)</i>	
Dessert B	<input type="checkbox"/> Sago with Stewed Apricots <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Pork, cheese, red onion & apple sauce	
Sandwich B	<input type="checkbox"/> Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 3 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Roast Chicken, Gravy with roast potato, carrots & baked beans <i>(GF, LF, Dia)</i>	

NO DELIVERIES DUE TO EASTER PUBLIC HOLIDAY

Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Chilled Choice Menu

7th April 2026 – 10th April 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 7 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Beef Sausages, onion gravy, sweet potato mash, beans & squash <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Chicken Schnitzel & gravy with roast pumpkin, peas & corn <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Roasted pumpkin, chickpea & spinach risotto with beans & squash <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Cauliflower Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Chicken & Corn Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Apricot Crumble & Custard	
Dessert B	<input type="checkbox"/> Apple Tea Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Corned Beef, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 8 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> BBQ Pulled Pork with mashed potato, peas & carrots <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Beef Rissoles & gravy with sweet potato mash, beans & cabbage <i>(GF, LF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Zucchini & Corn Slice with sweet potato mash, beans & cabbage <i>(GF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Mushroom Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Asparagus Soup <i>(LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Carrot Cake with Cream Cheese Icing	
Dessert B	<input type="checkbox"/> Fruit Salad with custard <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Tomato & Dijon Mustard	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 9 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas <i>(GF, LF, Dia)</i>	
Meal B	<input type="checkbox"/> Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower <i>(LF)</i>	
Vege Meal	<input type="checkbox"/> Vegetarian Schnitzel with fried rice, broccoli, carrots & cauliflower <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Greek Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Chicken Noodle <i>(LF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Chicken Soup <i>(Dia)</i>	
Dessert A	<input type="checkbox"/> Creamed Rice with Apricots <i>(GF, Dia)</i>	
Dessert B	<input type="checkbox"/> Apple Pie & Custard <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> BBQ Pulled Pork & Coleslaw	
Sandwich B	<input type="checkbox"/> Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 10 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots <i>(GF, Dia)</i>	
Meal B	<input type="checkbox"/> Mild Chicken Korma with rice, roast pumpkin & beans <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Roast pumpkin & sundried tomato cream pasta with broccoli & carrots <i>(Dia)</i>	
Salad Meal A	<input type="checkbox"/> Tuna Nicoise Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & corned beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> French Onion Soup <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Two Fruits Jelly & Custard	
Dessert B	<input type="checkbox"/> Mango Mouse & Pears <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Curried Egg & Lettuce	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Chilled Choice Menu

Client Name: _____

14th April 2026 – 17th April 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 14 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Quiche Lorraine & tomato chutney with roast Potato, broccoli & squash	
Meal B	<input type="checkbox"/> Meatloaf (Beef) & gravy, mashed potato, roast carrots & beans <i>(GF, LF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Pesto, sundried tomato creamy pasta with roasted carrots & beans <i>(Dia)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Caesar Salad <i>(Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Potato & Leek Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Broccoli Soup <i>(Dia)</i>	
Dessert A	<input type="checkbox"/> Sticky Date Pudding & Custard	
Dessert B	<input type="checkbox"/> Apple Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Cheese & Tomato Chutney	
Sandwich B	<input type="checkbox"/> Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 15 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Chicken Vegetable Pie & gravy with mashed pumpkin & peas	
Meal B	<input type="checkbox"/> Roast Beef & gravy with roast potato, roast carrots & beans <i>(GF, LF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Spinach & Feta Frittata with mashed pumpkin & peas <i>(GF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Roast Sweet Potato, sultana & peanut rice salad with roast beef <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Minestrone <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Pumpkin Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Mango Cheesecake	
Dessert B	<input type="checkbox"/> Coffee Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	<input type="checkbox"/> Corned Beef & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 16 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Roast Chicken & chasseur sauce with roast chat potato, carrot & beans <i>(GF, Dia)</i>	
Meal B	<input type="checkbox"/> Beef Stroganoff with rice, corn & baked zucchini <i>(GF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Vegetarian Steamed Dim Sims with Rice, Corn & Baked Zucchini <i>(LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & corned beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Spring Vegetable Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Cauliflower Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Apple rhubarb sponge with custard <i>(Dia)</i>	
Dessert B	<input type="checkbox"/> Peach Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Egg, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Pickled Pork, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 17 th April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Curried beef sausages with rice, carrots & beans <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Battered Fish & tartare sauce with chips, mashed pumpkin & peas	
Vege Meal	<input type="checkbox"/> Pea, Carrot & Peanut Pilaf with mashed pumpkin & beans <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Chicken Noodle <i>(LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Creamed Sago & Stewed Apricots <i>(Dia)</i>	
Dessert B	<input type="checkbox"/> Bread & Butter pudding with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Chilled Choice Menu

21st April 2026 – 24th April 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 21 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Roast Pork, gravy & apple sauce, roast potato, pumpkin & baked zucchini (<i>GF, LF, Dia</i>)	
Meal B	<input type="checkbox"/> Beef Lasagne with Broccoli, Cauliflower & Carrots	
Vege Meal	<input type="checkbox"/> Zucchini & Corn Slice with broccoli, cauliflower & carrot (<i>GF, Dia</i>)	
Salad Meal A	<input type="checkbox"/> Greek Salad with sweet potato salad & beef (<i>GF, LF, Dia</i>)	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & lamb (<i>GF, LF, Dia</i>)	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Pumpkin Soup (<i>GF, Dia</i>)	
Soup B	<input type="checkbox"/> Mushroom Soup (<i>GF, Dia</i>)	
Dessert A	<input type="checkbox"/> Apple Tea Cake with Custard (<i>Dia</i>)	
Dessert B	<input type="checkbox"/> Apricot Cake with Cream (<i>Dia</i>)	
Sandwich A	<input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	<input type="checkbox"/> Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 22 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Chicken Kiev's with mashed potato, peas & corn	
Meal B	<input type="checkbox"/> Cottage Pie (Beef) with roast pumpkin, beans & cauliflower (<i>GF, LF, Dia</i>)	
Vege Meal	<input type="checkbox"/> Roast Pumpkin, chickpea & spinach risotto with beans & cauliflower (<i>GF, LF, Dia</i>)	
Salad Meal A	<input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork (<i>GF, LF, Dia</i>)	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & chicken (<i>GF, LF, Dia</i>)	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Tomato Soup (<i>GF, LF, Dia</i>)	
Soup B	<input type="checkbox"/> Beef & Vegetable (<i>GF, LF, Dia</i>)	
Dessert A	<input type="checkbox"/> Syrup Steamed Pudding & Custard	
Dessert B	<input type="checkbox"/> Carrot Cake with Cream (<i>Dia</i>)	
Sandwich A	<input type="checkbox"/> Pickled Pork, Cheese & Tomato	
Sandwich B	<input type="checkbox"/> Roast Beef, Cheese & Dijon Mustard	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 23 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Chicken Carbonara Pasta with Broccoli, Cauliflower & Carrots (<i>Dia</i>)	
Meal B	<input type="checkbox"/> Beef Pie & Gravy with mashed potato & mushy peas (<i>LF</i>)	
Vege Meal	<input type="checkbox"/> Vegetarian Pastie with broccoli, cauliflower & carrots (<i>LF, Dia</i>)	
Salad Meal A	<input type="checkbox"/> Chicken pesto pasta salad, sundried tomato, red onion & pesto mayo (<i>LF, Dia</i>)	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & pickled pork (<i>GF, LF, Dia</i>)	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Asparagus Soup (<i>LF, Dia</i>)	
Soup B	<input type="checkbox"/> Minestrone (<i>GF, LF, Dia</i>)	
Dessert A	<input type="checkbox"/> Mango Mousse & Pears (<i>GF, Dia</i>)	
Dessert B	<input type="checkbox"/> Lemon & Ginger Cake (<i>Dia</i>)	
Sandwich A	<input type="checkbox"/> Corned Beef, Cheese & Pickles	
Sandwich B	<input type="checkbox"/> Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 24 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Baked Fish, tomato & basil sauce, roast chat potato, carrot & beans (<i>GF, LF, Dia</i>)	
Meal B	<input type="checkbox"/> Corned Beef & mustard white sauce with mashed potato, roast sweet potato & peas (<i>GF, Dia</i>)	
Vege Meal	<input type="checkbox"/> Sundried tomato, spinach & olive frittata, roast sweet potato & peas (<i>Dia</i>)	
Salad Meal A	<input type="checkbox"/> Tuna Nicoise Salad (<i>GF, LF, Dia</i>)	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & Silverside (<i>GF, LF, Dia</i>)	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Chicken & Corn Soup (<i>GF, Dia</i>)	
Soup B	<input type="checkbox"/> Potato & Leek Soup (<i>GF, Dia</i>)	
Dessert A	<input type="checkbox"/> Apple Pie & Custard	
Dessert B	<input type="checkbox"/> Two Fruits, Jelly & Custard (<i>Dia</i>)	
Sandwich A	<input type="checkbox"/> Ham, cheese & tomato	
Sandwich B	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Chilled Choice Menu

Client Name: _____

28th April 2026 – 1st May (CHILLED MEALS ONLY)

Item	TUESDAY – 28 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Honey Mustard Chicken with rice, beans & carrots <i>(GF, Dia)</i>	
Meal B	<input type="checkbox"/> Roast Beef & Gravy with roast potato, roast pumpkin & peas <i>(GF, LF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Mushroom & Spinach Risotto with peas & carrots <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Caesar Salad <i>(Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Vegetable <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Bread & Butter Pudding with whipped cream	
Dessert B	<input type="checkbox"/> Two Fruit Cake with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Picked pork, cheese & tomato	
Sandwich B	<input type="checkbox"/> Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 29 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Minted Lamb Casserole with mashed potato, carrots & beans <i>(GF, LF, Dia)</i>	
Meal B	<input type="checkbox"/> Pickled Pork & white sauce with mashed pumpkin, peas & squash <i>(GF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Spinach & Feta Slice with mashed potato, carrots & beans <i>(GF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & pickled pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> French Onion Soup <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> Minestrone <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Lemon Cheesecake	
Dessert B	<input type="checkbox"/> Chocolate Cake with cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Cheese & Tomato chutney	
Sandwich B	<input type="checkbox"/> Chicken Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 30 April 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Apricot Chicken with rice, beans & carrots <i>(GF, LF, Dia)</i>	
Meal B	<input type="checkbox"/> Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn <i>(GF, Dia)</i>	
Vege Meal	<input type="checkbox"/> Pea, Carrot & Peanut Pilaf with broccoli & corn <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Roast sweet potato, sultana & peanut rice salad with roast beef <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Potato & Leek <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Fruit cake & Custard <i>(Dia)</i>	
Dessert B	<input type="checkbox"/> Sago with Stewed Apricots <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Pork, cheese, red onion & apple sauce	
Sandwich B	<input type="checkbox"/> Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 1 May 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Roast Chicken, Gravy with roast potato, carrots & brussel sprouts <i>(GF, LF, Dia)</i>	
Meal B	<input type="checkbox"/> Crumbed Fish & Tartare Sauce with chips, mashed pumpkin & beans	
Vege Meal	<input type="checkbox"/> Vegetarian dim sims with roast potato, honey carrots & brussel sprouts <i>(LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Chicken Pesto pasta salad, sundried tomato, red onion & pesto mayo <i>(LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Broccoli Soup <i>(Dia)</i>	
Soup B	<input type="checkbox"/> Pumpkin Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Mud cake & ganache	
Dessert B	<input type="checkbox"/> Apple Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Ham, cheese & tomato	
Sandwich B	<input type="checkbox"/> Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Chilled Choice Menu

5th May – 8th May 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 5 May 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Beef Sausages, onion gravy, sweet potato mash, beans & squash <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Chicken Schnitzel & gravy with roast pumpkin, peas & corn <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Roasted pumpkin, chickpea & spinach risotto with beans & squash <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Crème of Cauliflower Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Chicken & Corn Soup <i>(GF, Dia)</i>	
Dessert A	<input type="checkbox"/> Apricot Crumble & Custard	
Dessert B	<input type="checkbox"/> Apple Tea Cake with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Chicken, Mayo & Lettuce	
Sandwich B	<input type="checkbox"/> Corned Beef, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	WEDNESDAY – 6 May 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> BBQ Pulled Pork with mashed potato, peas & carrots <i>(GF, LF)</i>	
Meal B	<input type="checkbox"/> Beef Rissoles & gravy with sweet potato mash, beans & cabbage <i>(GF, LF Dia)</i>	
Vege Meal	<input type="checkbox"/> Zucchini & Corn Slice with sweet potato mash, beans & cabbage <i>(GF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Mushroom Soup <i>(GF, Dia)</i>	
Soup B	<input type="checkbox"/> Asparagus Soup <i>(LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Carrot Cake with Cream Cheese Icing	
Dessert B	<input type="checkbox"/> Fruit Salad with Cream <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Roast Beef, Tomato & Dijon Mustard	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	THURSDAY – 7 May 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas <i>(GF, LF, Dia)</i>	
Meal B	<input type="checkbox"/> Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower <i>(LF)</i>	
Vege Meal	<input type="checkbox"/> Vegetarian Schnitzel with fried rice, broccoli, carrots & cauliflower <i>(GF, LF, Dia)</i>	
Salad Meal A	<input type="checkbox"/> Greek Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Chicken Noodle <i>(LF, Dia)</i>	
Soup B	<input type="checkbox"/> Crème of Chicken Soup <i>(Dia)</i>	
Dessert A	<input type="checkbox"/> Creamed Rice with Apricots <i>(GF, Dia)</i>	
Dessert B	<input type="checkbox"/> Apple Pie & Custard <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> BBQ Pulled Pork & Coleslaw	
Sandwich B	<input type="checkbox"/> Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

Item	FRIDAY – 8 May 2026	QTY
Main Meals (choose any of the below for your main meal)		
Meal A	<input type="checkbox"/> Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots <i>(GF, Dia)</i>	
Meal B	<input type="checkbox"/> Mild Chicken Korma with rice, roast pumpkin & beans <i>(GF, LF)</i>	
Vege Meal	<input type="checkbox"/> Roast pumpkin & sundried tomato cream pasta with broccoli & carrots <i>(Dia)</i>	
Salad Meal A	<input type="checkbox"/> Tuna Nicoise Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	<input type="checkbox"/> Garden Salad with egg, sweet potato salad & corned beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small		
Other Menu Items		
Soup A	<input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>	
Soup B	<input type="checkbox"/> French Onion Soup <i>(GF, LF, Dia)</i>	
Dessert A	<input type="checkbox"/> Two Fruits Jelly & Custard	
Dessert B	<input type="checkbox"/> Mango Mouse & Pears <i>(Dia)</i>	
Sandwich A	<input type="checkbox"/> Curried Egg & Lettuce	
Sandwich B	<input type="checkbox"/> Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: <input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain		
1L-Fruit Drink	<input type="checkbox"/> Apple <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange	
Snack Pack A	<input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	<input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	<input type="checkbox"/> Please call the office to make selections	

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