Client Name: _____

Week 1 – 17 February – 20 February 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 17 February 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Quiche Lorraine & tomato chutney with roast Potato, broccoli & squash	
Main Meal B	☐ Meatloaf (Beef) & gravy, mashed potato, roast carrots & beans *(GF, LF, Dia)*	
Vegetarian Main Meal	☐ Pesto, sundried tomato creamy pasta with roasted carrots & beans *(Dia)*	
Salad Meal A	☐ Chicken Caesar Salad *(Dia)*	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast beef *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Potato & Leek Soup *(GF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Sticky Date Pudding & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Cheese & Tomato Chutney	
Sandwich B	☐ Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 18 February 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Chicken Vegetable Pie & gravy with mashed pumpkin & peas	
Main Meal B	☐ Roast Beef & gravy with roast potato, roast carrots & beans *(GF, LF, Dia)*	
Vegetarian Main Meal	☐ Spinach & Feta Frittata with mashed pumpkin & peas *(GF, Dia)*	
Salad Meal A	☐ Roast Sweet Potato, sultana & peanut rice salad with roast beef *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast lamb *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Minestrone *(GF, LF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mango Cheesecake	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	☐ Corned Beef & Pickles	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 19 February 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Chicken & chasseur sauce with roast chat potato, carrot & beans *(GF, Dia)*	
Main Meal B	☐ Beef Stroganoff with rice, corn & baked zucchini *(GF, Dia)*	
Vegetarian Main Meal	☐ Vegetarian Steamed Dim Sims with Rice, Corn & Baked Zucchini *(LF, Dia)*	
Salad Meal A	☐ Thai Chicken Salad *(LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, potato salad & corned beef *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Spring Vegetable Soup *(GF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apple rhubarb sponge with custard *(Dia)*	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Egg, Mayo & Lettuce	
Sandwich B	☐ Pickled Pork, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 20 February 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Curried beef sausages with rice, carrots & beans *(GF, LF)*	
Main Meal B	☐ Battered Fish & tartare sauce with chips, mashed pumpkin & peas	
Vegetarian Main Meal	☐ Pea, Carrot & Peanut Pilaf with mashed pumpkin & beans *(GF, LF, Dia)*	
Salad Meal A	☐ Beetroot, Feta & Walnut Salad with onion, potato salad & lamb *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast pork *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Tomato Soup *(GF, LF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Creamed Sago & Stewed Apricots *Dia)*	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Chicken, Mayo & Lettuce	
Sandwich B	☐ Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Week 2 – 24 February – 27 February 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 24 February 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Pork, gravy & apple sauce, roast potato, pumpkin & baked zucchini *(GF, LF, Dia)*	
Main Meal B	☐ Beef Lasagne with Broccoli, Cauliflower & Carrots	
Vegetarian Main Meal	☐ Zucchini & Corn Slice with broccoli, cauliflower & carrot *(GF, Dia)*	
Salad Meal A	☐ Greek Salad with sweet potato salad & beef *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & lamb *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Pumpkin Soup *(GF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apple Tea Cake with Custard *(Dia)*	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	☐ Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 25 February 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Chicken Kiev's with mashed potato, peas & corn	
Main Meal B	☐ Cottage Pie (Beef) with roast pumpkin, beans & cauliflower *(GF, LF, Dia)*	
Vegetarian Main Meal	☐ Roast Pumpkin, chickpea & spinach risotto with beans & cauliflower *(GF, LF Dia)*	
Salad Meal A	☐ Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & chicken *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Tomato Soup *(GF, LF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Syrup Steamed Pudding & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Pickled Pork, Cheese & Tomato	
Sandwich B	☐ Roast Beef, Cheese & Dijon Mustard	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 26 February 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Chicken Carbonara Pasta with Broccoli, Cauliflower & Carrots *(Dia)*	
Main Meal B	☐ Beef Pie & Gravy with mashed potato & mushy peas *(LF)*	
Vegetarian Main Meal	☐ Vegetarian Pastie with broccoli, cauliflower & carrots *(LF, Dia)*	
Salad Meal A	☐ Chicken pesto pasta salad, sundried tomato, red onion & pesto mayo *(LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & pickled pork *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Asparagus Soup *(LF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mango Mousse & Pears *(GF, Dia)*	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Corned Beef, Cheese & Pickles	
Sandwich B	☐ Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 27 February 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Baked Fish, tomato & basil sauce, roast chat potato, carrot & beans *(GF, LF, Dia)*	
Main Meal B	☐ Corned Beef & mustard white sauce with mashed potato, roast sweet potato & peas *(GF, Dia)*	
Vegetarian Main Meal	☐ Sundried tomato, spinach & olive frittata with roast sweet potato & peas *(Dia)*	
Salad Meal A	☐ Tuna Nicoise Salad *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & Silverside *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Chicken & Corn Soup *(GF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apple Pie & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Ham, cheese & tomato	
Sandwich B	☐ Chicken, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Client Name: _____

Week 3 - 3 March – 6 March 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 3 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Honey Mustard Chicken with rice, beans & carrots *(GF, Dia)*	
Main Meal B	☐ Roast Beef & Gravy with roast potato, roast pumpkin & peas *(GF, LF, Dia)*	
Vegetarian Main Meal	☐ Mushroom & Spinach Risotto with peas & carrots *(GF, LF, Dia)*	
Salad Meal A	☐ Chicken Caesar Salad *(Dia)*	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast beef *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Vegetable *(GF, LF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Bread & Butter Pudding with whipped cream	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Picked pork, cheese & tomato	
Sandwich B	☐ Egg & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 4 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Minted Lamb Casserole with mashed potato, carrots & beans *(GF, LF, Dia)*	
Main Meal B	☐ Pickled Pork & white sauce with mashed pumpkin, peas & squash *(GF, Dia)*	
Vegetarian Main Meal	☐ Spinach & Feta Slice with mashed potato, carrots & beans *(GF, Dia)*	
Salad Meal A	☐ Beetroot, Feta & Walnut Salad with onion, potato salad & lamb *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, potato salad & pickled pork *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ French Onion Soup *(GF, LF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Lemon Cheesecake	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Cheese & Tomato chutney	
Sandwich B	☐ Chicken Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 5 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Apricot Chicken with rice, beans & carrots *(GF, LF, Dia)*	
Main Meal B	☐ Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn *(GF, Dia)*	
Vegetarian Main Meal	☐ Pea, Carrot & Peanut Pilaf with broccoli & corn *(GF, LF, Dia)*	
Salad Meal A	☐ Roast sweet potato, sultana & peanut rice salad with roast beef *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast lamb *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Potato & Leek *(GF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Fruit cake & Custard *(Dia)*	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Pork, cheese, red onion & apple sauce	
Sandwich B	☐ Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 6 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Chicken, Gravy with roast potato, carrots & brussel sprouts *(GF, LF, Dia)*	
Main Meal B	☐ Crumbed Fish & Tartare Sauce with chips, mashed pumpkin & beans	
Vegetarian Main Meal	☐ Vegetarian dim sims with roast potato, honey carrots & brussel sprouts *(LF, Dia)*	
Salad Meal A	☐ Chicken Pesto pasta salad, sundried tomato, red onion & pesto mayo *(LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast pork *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Broccoli Soup *(Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mud cake & ganache	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Ham, cheese & tomato	
Sandwich B	☐ Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Week 4 – 10 March – 13 March 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 10 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Beef Sausages, onion gravy, sweet potato mash, beans & squash *(GF, LF)*	
Main Meal B	☐ Chicken Schnitzel & gravy with roast pumpkin, peas & corn *(GF, LF,)*	
Vegetarian Main Meal	☐ Roasted pumpkin, chickpea & spinach risotto with beans & squash *(GF, LF, Dia)*	
Salad Meal A	☐ Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast lamb *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Cauliflower Soup *(GF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apricot Crumble & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Chicken, Mayo & Lettuce	
Sandwich B	☐ Corned Beef, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 11 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ BBQ Pulled Pork with mashed potato, peas & carrots *(GF, LF,)*	
Main Meal B	☐ Beef Rissoles & gravy with sweet potato mash, beans & cabbage *(GF, LF Dia)*	
Vegetarian Main Meal	☐ Zucchini & Corn Slice with sweet potato mash, beans & cabbage *(GF, Dia)*	
Salad Meal A	☐ Thai Chicken Salad *(LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast beef *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Mushroom Soup *(GF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Carrot Cake with Cream Cheese Icing	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Tomato & Dijon Mustard	
Sandwich B	☐ Ham, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 12 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas *(GF, LF, Dia)*	
Main Meal B	☐ Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower *(LF)*	
Vegetarian Main Meal	☐ Vegetarian Schnitzel with fried rice, broccoli, carrots & cauliflower *(GF, LF, Dia)*	
Salad Meal A	☐ Greek Salad *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast pork *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Chicken Noodle *(LF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Creamed Rice with Apricots *(GF, Dia)*	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ BBQ Pulled Pork & Coleslaw	
Sandwich B	☐ Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 13 March 2026	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots *(GF, Dia)*	
Main Meal B	☐ Mild Chicken Korma with rice, roast pumpkin & beans *(GF, LF)*	
Vegetarian Main Meal	☐ Roast pumpkin & sundried tomato creamy pasta with broccoli & carrots *(Dia)*	
Salad Meal A	☐ Tuna Nicoise Salad *(GF, LF, Dia)*	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & corned beef *(GF, LF, Dia)*	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Beef & Vegetable *(GF, LF, Dia)*	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Two Fruits Jelly & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Curried Egg & Lettuce	
Sandwich B	☐ Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	