Client Name:

Week 1 – 9 December – 12 December 2025 (CHILLED MEALS ONLY)

Item	TUESDAY – 9 December 2025	QTY
	oose any of the below for your main meal)	Q. .
Main Meals (CII		
Main Meal A	☐ Honey Mustard Chicken with rice, beans & carrots <i>(GF, Dia)</i>	
Main Meal B	☐ Roast Beef & Gravy with roast potato,	
Walli Weal D	roast pumpkin & peas (GF, LF, Dia)	
Vegetarian	☐ Mushroom & Spinach Risotto with peas	
Main Meal	& carrots (GF, LF, Dia)	
Salad Meal A	☐ Chicken Caesar Salad (Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad &	
	roast beef (GF, LF, Dia)	
	your meal size: □ Standard □ Small	
Other Menu Items	3	
Soup	☐ Crème of Vegetable (GF, LF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Bread & Butter Pudding with whipped	
	cream	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Picked pork, cheese & tomato	
Sandwich B	☐ Egg & Lettuce	
	cate your bread preference for Sandwiches. ☐ White ☐ Wholemeal ☐ Multi-grain	
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 10 December 2025	QTY
Main Meals (ch	oose any of the below for your main meal)
Main Meal A	☐ Minted Lamb Casserole with mashed	
	potato, carrots & beans (GF, LF, Dia)	
Main Meal B	☐ Pickled Pork & white sauce with	
	mashed pumpkin, peas & squash (GF, Dia)	
Vegetarian	☐ Spinach & Feta Slice with mashed	
Main Meal	potato, carrots & beans <i>(GF, Dia)</i>	
Salad Meal A	☐ Beetroot, Feta & Walnut Salad with	
	onion, potato salad & lamb (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad &	
	pickled pork <i>(GF, LF, Dia)</i>	
Please indicate	your meal size: ☐ Standard ☐ Small	
Other Menu Items	8	
Soup	☐ French Onion Soup (GF, LF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Lemon Cheesecake	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Cheese & Tomato chutney	
Sandwich B	☐ Chicken Mayo & Lettuce	
	ate your bread preference for Sandwiches ☑ White ☐ Wholemeal ☐ Multi-grain	;:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	
oumact bag		

Main Meals (choose any of the below for your main meal) Main Meal A □ Apricot Chicken with rice, beans & carrots (GF, LF, Dia) Main Meal B □ Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn (GF, Dia) Vegetarian □ Pea, Carrot & Peanut Pilaf with broccoli & corn (GF, LF, Dia) Salad Meal A □ Roast sweet potato, sultana & peanut rice salad with roast beef (GF, LF, Dia) Salad Meal B □ Garden Salad with egg, potato salad & roast lamb (GF, LF, Dia) Please indicate your meal size: □ Standard □ Small Other Menu Items Soup □ Potato & Leek (GF, Dia) □ Allergy/Dietary Soup only Dessert □ Fruit cake & Custard (Dia) □ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar Breakfast bag □ Please call the office to make selections	Item	THURSDAY – 11 December 2025	QTY
Carrots (GF, LF, Dia) Main Meal B □ Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn (GF, Dia) Vegetarian □ Pea, Carrot & Peanut Pilaf with broccoli & corn (GF, LF, Dia) Salad Meal A □ Roast sweet potato, sultana & peanut rice salad with roast beef (GF, LF, Dia) Salad Meal B □ Garden Salad with egg, potato salad & roast lamb (GF, LF, Dia) Please indicate your meal size: □ Standard □ Small Other Menu Items Soup □ Potato & Leek (GF, Dia) □ Allergy/Dietary Soup only Dessert □ Fruit cake & Custard (Dia) □ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Main Meals (choose any of the below for your main meal))
Main Meal B □ Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn (GF, Dia) Vegetarian Main Meal □ Pea, Carrot & Peanut Pilaf with broccoli & corn (GF, LF, Dia) Salad Meal A □ Roast sweet potato, sultana & peanut rice salad with roast beef (GF, LF, Dia) Salad Meal B □ Garden Salad with egg, potato salad & roast lamb (GF, LF, Dia) Please indicate your meal size: □ Standard □ Small Other Menu Items Soup □ Potato & Leek (GF, Dia) □ Allergy/Dietary Soup only Dessert □ Fruit cake & Custard (Dia) □ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Main Meal A	☐ Apricot Chicken with rice, beans &	
mashed potato, broccoli & corn (GF, Dia)			
Vegetarian Main Meal □ Pea, Carrot & Peanut Pilaf with broccoli & corn (GF, LF, Dia) Salad Meal A □ Roast sweet potato, sultana & peanut rice salad with roast beef (GF, LF, Dia) Salad Meal B □ Garden Salad with egg, potato salad & roast lamb (GF, LF, Dia) Please indicate your meal size: □ Standard □ Small Other Menu Items Soup □ Potato & Leek (GF, Dia) □ Allergy/Dietary Soup only Dessert □ Fruit cake & Custard (Dia) □ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Main Meal B		
Main Meal broccoli & corn (GF, LF, Dia) Salad Meal A □ Roast sweet potato, sultana & peanut rice salad with roast beef (GF, LF, Dia) Salad Meal B □ Garden Salad with egg, potato salad & roast lamb (GF, LF, Dia) Please indicate your meal size: □ Standard □ Small Other Menu Items Soup □ Potato & Leek (GF, Dia) □ Allergy/Dietary Soup only Dessert □ Fruit cake & Custard (Dia) □ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar			
Salad Meal A	•	•	
rice salad with roast beef (GF, LF, Dia) Salad Meal B			
roast lamb (GF, LF, Dia) Please indicate your meal size: □ Standard □ Small Other Menu Items Soup □ Potato & Leek (GF, Dia) □ Allergy/Dietary Soup only Dessert □ Fruit cake & Custard (Dia) □ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Salad Meal A	1 '	
Please indicate your meal size: □ Standard □ Small Other Menu Items Soup □ Potato & Leek (GF, Dia) □ Allergy/Dietary Soup only Dessert □ Fruit cake & Custard (Dia) □ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Salad Meal B		
Soup Potato & Leek (GF, Dia) Allergy/Dietary Soup only Pruit cake & Custard (Dia) Allergy/Dietary Dessert only Sandwich A Pork, cheese, red onion & apple sauce Sandwich B Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: White Wholemeal Multi-grain 1L-Fruit Drink Apple Tropical Pine orange Snack Pack A Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Please indicate	your meal size: ☐ Standard ☐ Small	
□ Allergy/Dietary Soup only Dessert □ Fruit cake & Custard (Dia) □ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Other Menu Items	8	
Dessert ☐ Fruit cake & Custard (Dia) ☐ Allergy/Dietary Dessert only Sandwich A ☐ Pork, cheese, red onion & apple sauce Sandwich B ☐ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain 1L-Fruit Drink ☐ Apple ☐ Tropical ☐ Pine orange Snack Pack A ☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B ☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Soup	☐ Potato & Leek (GF, Dia)	
□ Allergy/Dietary Dessert only Sandwich A □ Pork, cheese, red onion & apple sauce Sandwich B □ Tuna, Mayo, & Lettuce Please indicate your bread preference for Sandwiches: □ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar		☐ Allergy/Dietary Soup only	
Sandwich A	Dessert	☐ Fruit cake & Custard (<i>Dia</i>)	
Sandwich B		☐ Allergy/Dietary Dessert only	
Please indicate your bread preference for Sandwiches: White Wholemeal Multi-grain 1L-Fruit Drink Apple Tropical Pine orange Snack Pack A Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Sandwich A	☐ Pork, cheese, red onion & apple sauce	
□ White □ Wholemeal □ Multi-grain 1L-Fruit Drink □ Apple □ Tropical □ Pine orange Snack Pack A □ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	Sandwich B	☐ Tuna, Mayo, & Lettuce	
Snack Pack A ☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar Snack Pack B ☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar			:
Yoghurt, Fruit Bar Snack Pack B □ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Crackers, Nuts, Fruit Filled Bar	Snack Pack A		
	Snack Pack B		
a	Breakfast bag		

Item	FRIDAY – 12 December 2025	QTY
Main Meals (ch	oose any of the below for your main meal)	
Main Meal A	☐ Roast Chicken, Gravy with roast potato,	
	carrots & brussel sprouts (GF, LF, Dia)	
Main Meal B	☐ Crumbed Fish & Tartare Sauce with	
	chips, mashed pumpkin & beans	
Vegetarian	☐ Vegetarian dim sims with roast potato,	
Main Meal	honey carrots & brussel sprouts (LF, Dia)	
Salad Meal A	☐ Chicken Pesto pasta salad, sundried	
	tomato, red onion & pesto mayo (LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad &	
	roast pork <i>(GF, LF, Dia)</i>	
	your meal size: □ Standard □ Small	
Other Menu Items		
Soup	☐ Crème of Broccoli Soup (<i>Dia</i>)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mud cake & ganache	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Ham, cheese & tomato	
Sandwich B	☐ Curried Egg & Lettuce	
	ate your bread preference for Sandwiches] White □ Wholemeal □ Multi-grain	:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Week 2 - 16 December - 19 December 2025 (CHILLED MEALS ONLY)

Item	TUESDAY – 16 December 2025	QTY
Main Meals (ch	oose any of the below for your main meal	
Main Meal A	☐ Beef Sausages, onion gravy, sweet	
	potato mash, beans & squash (GF, LF)	
Main Meal B	☐ Chicken Schnitzel & gravy with roast	
	pumpkin, peas & corn (GF, LF,)	
Vegetarian	☐ Roasted pumpkin, chickpea & spinach	
Main Meal	risotto with beans & squash (GF, LF, Dia)	
Salad Meal A	☐ Roast Pumpkin, chickpea & red onion	
	salad with sweet potato salad & roast	
Onland Manual D	pork (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast lamb (<i>GF, LF, Dia</i>)	
Diagona indiagta		
Other Menu Items	your meal size: ☐ Standard ☐ Small	
	☐ Crème of Cauliflower Soup <i>(GF, Dia)</i>	
Soup	Ш Creme of Caulillower Soup (Gr, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apricot Crumble & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Chicken, Mayo & Lettuce	
Sandwich B	☐ Corned Beef, Cheese & Pickles	
	ate your bread preference for Sandwiches ☑ White □ Wholemeal □ Multi-grain	: :
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
IL-Fruit Drillk	□ Apple □ Порісаі □ Pille orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 17 December 2025	QTY
Main Meals (choose any of the below for your main meal))
Main Meal A	☐ BBQ Pulled Pork with mashed potato,	
	peas & carrots <i>(GF, LF,)</i>	
Main Meal B	☐ Beef Rissoles & gravy with sweet potato	
	mash, beans & cabbage (GF, LF Dia)	
Vegetarian	☐ Zucchini & Corn Slice with sweet	
Main Meal	potato mash, beans & cabbage <i>(GF, Dia)</i>	
Salad Meal A	☐ Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	Condon Colod with one owner nature	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast beef (GF, LF, Dia)	
	, , , ,	
	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Mushroom Soup <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Carrot Cake with Cream Cheese Icing	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Tomato & Dijon Mustard	
Sandwich B	☐ Ham, Cheese & Pickles	
	ate your bread preference for Sandwiches] White □ Wholemeal □ Multi-grain	: :
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	
<u> </u>		

Item	THURSDAY – 18 December 2025	QTY
Main Meals (ch	oose any of the below for your main meal)
Main Meal A	☐ Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas (GF, LF, Dia)	
Main Meal B	☐ Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower <i>(LF)</i>	
Vegetarian Main Meal	☐ Vegetarian Schnitzel with fried rice, broccoli, carrots & cauliflower (<i>GF, LF, Dia</i>)	
Salad Meal A	☐ Greek Salad (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Chicken Noodle (LF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Creamed Rice with Apricots (GF, Dia)	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ BBQ Pulled Pork & Coleslaw	
Sandwich B	□ Egg, Mayo & Lettuce	
	ate your bread preference for Sandwiches I White □ Wholemeal □ Multi-grain	:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 19 December 2025	QTY
Main Meals (ch	oose any of the below for your main meal	
Main Meal A	☐ Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots (<i>GF</i> , <i>Dia</i>)	
Main Meal B	☐ Mild Chicken Korma with rice, roast pumpkin & beans (<i>GF, LF</i>)	
Vegetarian Main Meal	☐ Roast pumpkin & sundried tomato creamy pasta with broccoli & carrots (<i>Dia</i>)	
Salad Meal A	☐ Tuna Nicoise Salad (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & corned beef (GF, LF, Dia)	
	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Beef & Vegetable <i>(GF, LF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Two Fruits Jelly & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Curried Egg & Lettuce	
Sandwich B	☐ Ham, Cheese & Tomato	
Please indic	ate your bread preference for Sandwiches]White □ Wholemeal □ Multi-grain	:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Client Name:

Week 3 - 23 December - 26 December 2025 (CHILLED MEALS ONLY)

Item	TUESDAY – 23 December 2025	QTY
Main Meals (ch	oose any of the below for your main meal)
Main Meal A	☐ Quiche Lorraine & tomato chutney with	
	roast Potato, broccoli & squash	
Main Meal B	☐ Meatloaf (Beef) & gravy, mashed	
	potato, roast carrots & beans (GF, LF, Dia)	
Vegetarian	☐ Pesto, sundried tomato creamy pasta	
Main Meal	with roasted carrots & beans (Dia)	
Salad Meal A	☐ Chicken Caesar Salad (<i>Dia</i>)	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast beef (<i>GF, LF, Dia</i>)	
Please indicate	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Potato & Leek Soup (<i>GF</i> , <i>Dia</i>)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Sticky Date Pudding & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Cheese & Tomato Chutney	
Sandwich B	☐ Tuna, Mayo, & Lettuce	
Please indic	ate your bread preference for Sandwiches] White □ Wholemeal □ Multi-grain	::
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 25 December 2025	QTX
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Chicken & chasseur sauce with roast chat potato, carrot & beans (GF, Dia)	
Main Meal B	☐ Beef Stroganoff with rice, corn & baked zucchini (<i>GF</i> , <i>Dia</i>)	
Vegetarian Main Meal	☐ Vegetarian Steamed Dim Sims with Rice, Corn & Baked Zucchini (<i>Lf</i> , <i>Dia</i>)	
Salad Meal A	☐ Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg/ potato salad & corned beef (<i>GF</i> , <i>LF</i> , <i>Dia</i>)	
Please indicate	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Spring Vagetable Soup <i>(GF, Dia)</i>	
	☐ Allergy/DietXry Soup only	
Dessert	☐ Apple rhybarb sponge with custard (<i>Dia</i>)	
	☐ Allergy/Dietary Dessert only	
Sandwich A	□ Egg, Mayo & Lettuce	
Sandwich B	□ Pickled Pork, Cheese & Tomato	
	ale your bread preference for Sandwiches I White □ Wholemeal □ Multi-grain	:
1L-Fruit Dripk	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Preakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 24 December 2025	QTY
Main Meals (choose any of the below for your main meal))
Main Meal A	☐ Chicken Vegetable Pie & gravy with	
	mashed pumpkin & peas	
Main Meal B	☐ Roast Beef & gravy with roast potato,	
	roast carrots & beans (GF, LF, Dia)	
Vegetarian	☐ Spinach & Feta Frittata with mashed	
Main Meal	pumpkin & peas (GF, Dia)	
Salad Meal A	☐ Roast Sweet Potato, sultana & peanut	
	rice salad with roast beef (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad &	
-	roast lamb (GF, LF, Dia)	
	your meal size: □ Standard □ Small	
Other Menu Items		
Soup	☐ Minestrone (GF, LF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mango Cheesecake	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Pork, Cheese, Red onion &	
	Apple Sauce	
Sandwich B	☐ Corned Beef & Pickles	
	ate your bread preference for Sandwiches] White □ Wholemeal □ Multi-grain	::
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 26 December 2025	QTY
Main Meals (ch	oose any of the below for your main meal	
Main Meal A	☐ Curried beef sausages with rice, carrots	
	& beans (GF, LF)	
Main Meal B	☐ Battered Fish & tartare sauce with	
	chips, mashed pumpkin & peas	
Vegetarian	☐ Pea, Carrot & Peanut Pilaf with	
Main Meal	mashed pumpkin & beans (GF, JF, Dia)	
Salad Meal A	☐ Beetroot, Feta & Walnut Salad with	
	onion, potato salad & lamb (GF, LF, Dia)	
Salad Meal B	☐ Carden Salad with egg, potato salad &	
	roast pork (GF, LF, Dia)	
	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Crème of Torrato Soup (GF, LF, Dia)	
	☐ Allergy/Dietay Soup only	
Dessert	☐ Creamed Sago & Stewed Apricots <i>Dia</i>)	
	☐ Allergy/Dietary Descert only	
Sandwich A	□ Chicken, Mayo & Lettlece	
Sandwich B	Ham, Cheese & Tomato	
	Please indigate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain	
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Week 4 – 30 December 2025 – 2 January 2026 (CHILLED MEALS ONLY)

Item	TUESDAY - 30 December 2025	QTY
Main Meals (ch	oose any of the below for your main meal	
Main Meal A	☐ Roast Pork, gravy & apple sauce, roast potato, pumpkin & baked zucchini (GF, LF, Dia)	
Main Meal B	☐ Beef Lasagne with Broccoli, Cauliflower & Carrots	
Vegetarian Main Meal	☐ Zucchini & Corn Slice with broccoli, cauliflower & carrot (<i>GF, Dia</i>)	
Salad Meal A	Greek Salad with sweet potato salad & beef (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & lamb (<i>GF, LF, D/a</i>)	
	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Pumpkin Sour (GF, Dia)	
	☐ Allergy/Dietaly Soup only	
Dessert	☐ Apple To a Cake with Custard (<i>Dia</i>)	
	☐ Allergy/Dietary Descert only	
Sandwich A	☐ Reast Pork, Cheese, Red onion & Apole Sauce	
Sandwich B	Egg, Mayo & Lettuce	
	ate your bread preference for Sandwiches I White □ Wholemeal □ Multi-grain	:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 1 January 2026	QTX
Main Meals (ch	oose any of the below for your main meal	
Mair Meal A	☐ Chicken Carbonara with mashed	
\	potato Broccoli, Cauliflower & Carrots	
Main Mea B	(Dia)	
Main Means	☐ Beef Pie & Gravy with mashed potato & mushy peas (<i>LF</i>)	
Vegetarian	☐ Vegetarian Pastie with broccon,	
Main Meal	cauliflower & carrots (<i>LF</i> , <i>Dia</i>)	
Salad Meal A	Chicken pesto pasta salad, sundried	
	tomato, red onion & pesto mayo (LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, sweet potato	
	salad a pickled pork (FF, LF, Dia)	
	your meal size: ☐ 9tandard ☐ Small	
Other Menu Items		
Soup	☐ Asparagus Soup (LF, Dia)	
	☐ Allergy/Dictary Soup only	
Dessert	☐ Mango Mousse & Pears (<i>GF</i> , <i>Dia</i>)	
	☐ Alle/gy/Dietary Dessert only	
Sandwich A	☐ Øorned Beef, Cheese & Pickles	
Sandwich B	Curried Egg & Lettuce	
	ate your bread preference for sandwiches ☑ White ☐ Wholemeal ☐ Multi-grain	: :
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 31 December 2025	QTY
	oose any of the below for your main meal	
Main Meal A	☐ Chicken Kiev's with mashed potato,	
	peas & corn	
Main Meal B	☐ Cottage Pie (Beef) with roast pumplin,	
	beans & cauliflower (GF, LF, Dia)	
Vegetarian	☐ Roast Pumpkin, chickpea & spipach	
Main Meal	risotto with beans & cauliflower (FF, LF Dia)	
Salad Meal A	☐ Roast Pumpkin, chickpea & red onion	
	salad with sweet potato salad & roast	
0.1.114.15	pok (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & chicken (<i>GF, LF, Dia</i>)	
Diagon indicate		
Other Menu Items	your meal size: □ Standard □ Small	
Soup	☐ Crème of Tomato Soup (GF, LF, Dia)	
Soup	V	
	☐ Allergy/Dietaly Soup only	
Dessert	☐ Syrup Seamed Rudding & Custard	
	☐ Allergy/Dietary Destert only	
Sandwich A	☐ Pickled Pork, Cheese & Tomato	
Sandwich B	Roast Beef, Cheese & Dijan Mustard	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snagk Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	1
Preakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 2 January 2026	Q y Y
Main Meals (ch	oose any of the below for your main meal	
Mail Meal A	☐ Baked Fish, tomato & basil sauce, roast chat potato, carrot & beans (<i>GF, LF, Dia</i>)	
Main Meal B	☐ Corned Beef & mustard white sauce with mashed potato, roast sweet potato & peas (<i>GF</i> , <i>Dia</i>)	
Vegetarian Main Meal	☐ Sundried tomato, spinach & dive frittata with roast sweet potato & peas (<i>Dia</i>)	
Salad Meal A	Tuna Nicoise Salad (GF, F, Dia)	
Salad Meal B	☐ Carden Salad with edg, sweet potato salad & Silverside (GF LF, Dia)	
	your mea size: □ \$tandard □ Small	
Other Menu Items		
Soup	☐ Chicken & Corn Soup (GF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apple ie & Custerd	
	☐ Alle/gy/Dietary Dessert only	
Sandwich A	☐ Jam, cheese & tomato	
Sandwich B	Chicken, Mayo & Lettuce	
/ [ate your bread preference for Sandwiches ☑ White ☐ Wholemeal ☐ Multi-grain	: :
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

|--|

Run No: _____ Processed by: __



Client Name:

Week 1 - 6 January 2026 - 9 January 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 6 January 2026	QTY
		ŲΠ
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Honey Mustard Chicken with rice, beans	
	& carrots (GF, Dia)	
Main Meal B	☐ Roast Beef & Gravy with roast potato,	
	roast pumpkin & peas (GF, LF, Dia)	
Vegetarian	☐ Mushroom & Spinach Risotto with peas	
Main Meal	& carrots (GF, LF, Dia)	
Salad Meal A	☐ Chicken Caesar Salad (<i>Dia</i>)	
Salad Meal B	☐ Garden Salad with egg, potato salad &	
	roast beef (GF, LF, Dia)	
Please indicate	your meal size: □ Standard □ Small	
Other Menu Items	S	
Soup	☐ Crème of Vegetable (<i>GF, LF, Dia</i>)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Bread & Butter Pudding with whipped	
	cream	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Picked pork, cheese & tomato	
Sandwich B	☐ Egg & Lettuce	
	cate your bread preference for Sandwiches. □ White □ Wholemeal □ Multi-grain	•
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 7 January 2026	QTY
Main Meals (ch	oose any of the below for your main meal	
Main Meal A	☐ Minted Lamb Casserole with mashed potato, carrots & beans (<i>GF</i> , <i>LF</i> , <i>Dia</i>)	
Main Meal B	☐ Pickled Pork & white sauce with mashed pumpkin, peas & squash (<i>GF</i> , <i>Dia</i>)	
Vegetarian Main Meal	☐ Spinach & Feta Slice with mashed potato, carrots & beans (<i>GF</i> , <i>Dia</i>)	
Salad Meal A	☐ Beetroot, Feta & Walnut Salad with onion, potato salad & lamb (<i>GF, LF, Dia</i>)	
Salad Meal B	☐ Garden Salad with egg, potato salad & pickled pork <i>(GF, LF, Dia)</i>	
Please indicate	your meal size: ☐ Standard ☐ Small	
Other Menu Items	3	
Soup	☐ French Onion Soup (GF, LF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Lemon Cheesecake	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Cheese & Tomato chutney	
Sandwich B	☐ Chicken Mayo & Lettuce	
	ate your bread preference for Sandwiches ☑ White ☐ Wholemeal ☐ Multi-grain	:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 8 January 2026	QTY
Main Meals (ch	oose any of the below for your main meal	
Main Meal A	☐ Apricot Chicken with rice, beans &	
	carrots (GF, LF, Dia)	
Main Meal B	☐ Italian Pork meatballs in Napoli sauce,	
	mashed potato, broccoli & corn (GF, Dia)	
Vegetarian	☐ Pea, Carrot & Peanut Pilaf with	
Main Meal	broccoli & corn (GF, LF, Dia)	
Salad Meal A	☐ Roast sweet potato, sultana & peanut rice salad with roast beef (<i>GF, LF, Dia</i>)	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast lamb (<i>GF, LF, Dia</i>)	
Please indicate	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Potato & Leek (GF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Fruit cake & Custard (<i>Dia</i>)	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Pork, cheese, red onion & apple sauce	
Sandwich B	□ Tuna, Mayo, & Lettuce	
	ate your bread preference for Sandwiches] White	:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
Dun al-fa at h	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 9 January 2026	QTY
Main Meals (ch	oose any of the below for your main meal)
Main Meal A	☐ Roast Chicken, Gravy with roast potato,	
	carrots & brussel sprouts (GF, LF, Dia)	
Main Meal B	☐ Crumbed Fish & Tartare Sauce with	
	chips, mashed pumpkin & beans	
Vegetarian	☐ Vegetarian dim sims with roast potato,	
Main Meal	honey carrots & brussel sprouts (LF, Dia)	
Salad Meal A	☐ Chicken Pesto pasta salad, sundried	
	tomato, red onion & pesto mayo (LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad &	
	roast pork <i>(GF, LF, Dia)</i>	
	your meal size: ☐ Standard ☐ Small	
Other Menu Items		
Soup	☐ Crème of Broccoli Soup (<i>Dia</i>)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mud cake & ganache	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Ham, cheese & tomato	
Sandwich B	☐ Curried Egg & Lettuce	
	ate your bread preference for Sandwiches] White	:
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit	
	Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese &	
	Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Week 2 - 13 January 2026 - 16 January 2026 (CHILLED MEALS ONLY)

Item	TUESDAY – 13 January 2026	QTY	
Main Meals (choose any of the below for your main meal)			
Main Meal A	☐ Beef Sausages, onion gravy, sweet		
	potato mash, beans & squash (GF, LF)		
Main Meal B	☐ Chicken Schnitzel & gravy with roast		
	pumpkin, peas & corn <i>(GF, LF,)</i>		
Vegetarian	☐ Roasted pumpkin, chickpea & spinach		
Main Meal	risotto with beans & squash (GF, LF, Dia)		
Salad Meal A	☐ Roast Pumpkin, chickpea & red onion		
	salad with sweet potato salad & roast		
	pork (GF, LF, Dia)		
Salad Meal B	☐ Garden Salad with egg, sweet potato		
	salad & roast lamb (GF, LF, Dia)		
	your meal size: □ Standard □ Small		
Other Menu Items			
Soup	☐ Crème of Cauliflower Soup <i>(GF, Dia)</i>		
	☐ Allergy/Dietary Soup only		
Dessert	☐ Apricot Crumble & Custard		
	☐ Allergy/Dietary Dessert only		
Sandwich A	☐ Chicken, Mayo & Lettuce		
Sandwich B	☐ Corned Beef, Cheese & Pickles		
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain			
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange		
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit		
	Yoghurt, Fruit Bar		
Snack Pack B	☐ Assorted Rice Cakes, Cheese &		
	Crackers, Nuts, Fruit Filled Bar		
Breakfast bag	☐ Please call the office to make selections		

Item	WEDNESDAY – 14 January 2026	QTY		
Main Meals (choose any of the below for your main meal)				
Main Meal A	☐ BBQ Pulled Pork with mashed potato,			
	peas & carrots <i>(GF, LF,)</i>			
Main Meal B	☐ Beef Rissoles & gravy with sweet potato			
	mash, beans & cabbage (GF, LF Dia)			
Vegetarian	☐ Zucchini & Corn Slice with sweet			
Main Meal	potato mash, beans & cabbage (GF, Dia)			
Salad Meal A	☐ Thai Chicken Salad (<i>LF, Dia</i>)			
Salad Meal B	☐ Garden Salad with egg, sweet potato			
	salad & roast beef (<i>GF</i> , <i>LF</i> , <i>Dia</i>)			
Please indicate	your meal size: ☐ Standard ☐ Small			
Other Menu Items				
Soup	☐ Mushroom Soup (GF, Dia)			
	☐ Allergy/Dietary Soup only			
Dessert	☐ Carrot Cake with Cream Cheese Icing			
	☐ Allergy/Dietary Dessert only			
Sandwich A	☐ Roast Beef, Tomato & Dijon Mustard			
Sandwich B	☐ Ham, Cheese & Pickles			
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain				
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange			
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit			
	Yoghurt, Fruit Bar			
Snack Pack B	☐ Assorted Rice Cakes, Cheese &			
	Crackers, Nuts, Fruit Filled Bar			
Breakfast bag	☐ Please call the office to make selections			

Item	THURSDAY – 15 January 2026	QTY		
Main Meals (choose any of the below for your main meal)				
Main Meal A	☐ Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas (GF, LF, Dia)			
Main Meal B	☐ Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower (<i>LF</i>)			
Vegetarian	☐ Vegetarian Schnitzel with fried rice,			
Main Meal	broccoli, carrots & cauliflower (GF, LF, Dia)			
Salad Meal A	☐ Greek Salad (GF, LF, Dia)			
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast pork <i>(GF, LF, Dia)</i>			
Please indicate	your meal size: ☐ Standard ☐ Small			
Other Menu Items				
Soup	☐ Chicken Noodle (LF, Dia)			
	☐ Allergy/Dietary Soup only			
Dessert	☐ Creamed Rice with Apricots (GF, Dia)			
	☐ Allergy/Dietary Dessert only			
Sandwich A	☐ BBQ Pulled Pork & Coleslaw			
Sandwich B	☐ Egg, Mayo & Lettuce			
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain				
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange			
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar			
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar			
Breakfast bag	☐ Please call the office to make selections			

Item	FRIDAY – 16 January 2026	ОТҮ	
	oose any of the below for your main meal	,	
Main Meal A	☐ Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots (<i>GF</i> , <i>Dia</i>)		
Main Meal B	☐ Mild Chicken Korma with rice, roast pumpkin & beans (<i>GF</i> , <i>LF</i>)		
Vegetarian Main Meal	☐ Roast pumpkin & sundried tomato creamy pasta with broccoli & carrots (<i>Dia</i>)		
Salad Meal A	☐ Tuna Nicoise Salad (GF, LF, Dia)		
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & corned beef (GF, LF, Dia)		
Please indicate	your meal size: ☐ Standard ☐ Small		
Other Menu Items			
Soup	☐ Beef & Vegetable <i>(GF, LF, Dia)</i>		
	☐ Allergy/Dietary Soup only		
Dessert	☐ Two Fruits Jelly & Custard		
	☐ Allergy/Dietary Dessert only		
Sandwich A	☐ Curried Egg & Lettuce		
Sandwich B	☐ Ham, Cheese & Tomato		
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain			
1L-Fruit Drink	☐ Apple ☐ Tropical ☐ Pine orange		
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar		
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar		
Breakfast bag	☐ Please call the office to make selections		