

Client Name: _____

14 October – 17 October 2025 (CHILLED MEALS ONLY)

Item	TUESDAY – 14 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Honey Mustard Chicken with rice, beans & carrots (GF, Dia)	
Main Meal B	☐ Roast Beef & Gravy with roast potato, roast pumpkin & peas (GF, LF, Dia)	
Vegetarian Main Meal	☐ Mushroom & Spinach Risotto with peas & carrots (GF, LF, Dia)	
Salad Meal A	☐ Chicken Caesar Salad (Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast beef (GF, LF, Dia)	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Vegetable (GF, LF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Bread & Butter Pudding with whipped cream	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Picked pork, cheese & tomato	
Sandwich B	☐ Egg & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 15 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Minted Lamb Casserole with mashed potato, carrots & beans (GF, LF, Dia)	
Main Meal B	☐ Pickled Pork & white sauce with mashed pumpkin, peas & squash (GF, Dia)	
Vegetarian Main Meal	☐ Spinach & Feta Slice with mashed potato, carrots & beans (GF, Dia)	
Salad Meal A	☐ Beetroot, Feta & Walnut Salad with onion, potato salad & lamb (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad & pickled pork (GF, LF, Dia)	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ French Onion Soup (GF, LF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Lemon Cheesecake	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Cheese & Tomato chutney	
Sandwich B	☐ Chicken Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 16 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Apricot Chicken with rice, beans & carrots (GF, LF, Dia)	
Main Meal B	☐ Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn (GF, Dia)	
Vegetarian Main Meal	☐ Pea, Carrot & Peanut Pilaf with broccoli & corn (GF, LF, Dia)	
Salad Meal A	☐ Roast sweet potato, sultana & peanut rice salad with roast beef (GF, LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast lamb (GF, LF, Dia)	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Potato & Leek (GF, Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Fruit cake & Custard (Dia)	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Pork, cheese, red onion & apple sauce	
Sandwich B	☐ Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 17 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Chicken, Gravy with roast potato, carrots & brussel sprouts (GF, LF, Dia)	
Main Meal B	☐ Crumbed Fish & Tartare Sauce with chips, mashed pumpkin & beans (Dia)	
Vegetarian Main Meal	☐ Vegetarian dim sims with roast potato, honey carrots & brussel sprouts (LF, Dia)	
Salad Meal A	☐ Chicken Pesto pasta salad, sundried tomato, red onion & pesto mayo (LF, Dia)	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast pork (GF, LF, Dia)	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Broccoli Soup (Dia)	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mud cake & ganache	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Ham, cheese & tomato	
Sandwich B	☐ Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

21 October – 24 October 2025 (CHILLED MEALS ONLY)

Item	TUESDAY – 21 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Beef Sausages, onion gravy, sweet potato mash, beans & squash <i>(GF, LF, Dia)</i>	
Main Meal B	☐ Chicken Schnitzel & gravy with roast pumpkin, peas & corn <i>(GF, LF, Dia)</i>	
Vegetarian Main Meal	☐ Roasted pumpkin, chickpea & spinach risotto with beans & squash <i>(GF, LF, Dia)</i>	
Salad Meal A	☐ Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Cauliflower Soup <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apricot Crumble & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Chicken, Mayo & Lettuce	
Sandwich B	☐ Corned Beef, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 22 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ BBQ Pulled Pork with mashed potato, peas & carrots <i>(GF, LF,)</i>	
Main Meal B	☐ Beef Rissoles & gravy with sweet potato mash, beans & cabbage <i>(GF, LF Dia)</i>	
Vegetarian Main Meal	☐ Zucchini & Corn Slice with sweet potato mash, beans & cabbage <i>(GF, Dia)</i>	
Salad Meal A	☐ Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Mushroom Soup <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Carrot Cake with Cream Cheese Icing	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Tomato & Dijon Mustard	
Sandwich B	☐ Ham, Cheese & Pickles	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 23 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas <i>(GF, LF, Dia)</i>	
Main Meal B	☐ Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower <i>(LF, Dia)</i>	
Vegetarian Main Meal	☐ Vegetarian Schnitzel with fried rice, broccoli, carrots & cauliflower <i>(GF, LF, Dia)</i>	
Salad Meal A	☐ Greek Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Chicken Noodle <i>(LF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Creamed Rice with Apricots <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ BBQ Pulled Pork & Coleslaw	
Sandwich B	☐ Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 24 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots <i>(GF, Dia)</i>	
Main Meal B	☐ Mild Chicken Korma with rice, roast pumpkin & beans <i>(GF, LF)</i>	
Vegetarian Main Meal	☐ Roast pumpkin & sundried tomato creamy pasta with broccoli & carrots <i>(Dia)</i>	
Salad Meal A	☐ Tuna Nicoise Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & corned beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Beef & Vegetable <i>(GF, LF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Two Fruits Jelly & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Curried Egg & Lettuce	
Sandwich B	☐ Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Client Name: _____

28 October 2025 – 31 October 2025 (CHILLED MEALS ONLY)

Item	TUESDAY – 28 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Quiche Lorraine & tomato chutney with roast Potato, broccoli & squash <i>(Dia)</i>	
Main Meal B	☐ Meatloaf (Beef) & gravy, mashed potato, roast carrots & beans <i>(GF, LF, Dia)</i>	
Vegetarian Main Meal	☐ Pesto, sundried tomato creamy pasta with roasted carrots & beans <i>(Dia)</i>	
Salad Meal A	☐ Chicken Caesar Salad <i>(Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Potato & Leek Soup <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Sticky Date Pudding & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Beef, Cheese & Tomato Chutney	
Sandwich B	☐ Tuna, Mayo, & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 29 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Chicken Vegetable Pie & gravy with mashed pumpkin & peas	
Main Meal B	☐ Roast Beef & gravy with roast potato, roast carrots & beans <i>(GF, LF, Dia)</i>	
Vegetarian Main Meal	☐ Spinach & Feta Frittata with mashed pumpkin & peas <i>(GF, Dia)</i>	
Salad Meal A	☐ Roast Sweet Potato, sultana & peanut rice salad with roast beef <i>(GF, LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Minestrone <i>(GF, LF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mango Cheesecake	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	☐ Corned Beef & Pickles	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 30 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Chicken & chasseur sauce with roast chat potato, carrot & beans <i>(GF, Dia)</i>	
Main Meal B	☐ Beef Stroganoff with rice, corn & baked zucchini <i>(GF, Dia)</i>	
Vegetarian Main Meal	☐ Vegetarian Steamed Dim Sims with Rice, Corn & Baked Zucchini <i>(LF, Dia)</i>	
Salad Meal A	☐ Thai Chicken Salad <i>(LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, potato salad & corned beef <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Spring Vegetable Soup <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apple rhubarb sponge with custard <i>(Dia)</i>	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Egg, Mayo & Lettuce	
Sandwich B	☐ Pickled Pork, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 31 October 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Curried beef sausages with rice, carrots & beans <i>(GF, LF, Dia)</i>	
Main Meal B	☐ Battered Fish & tartare sauce with chips, mashed pumpkin & peas <i>(Dia)</i>	
Vegetarian Main Meal	☐ Pea, Carrot & Peanut Pilaf with mashed pumpkin & beans <i>(GF, LF, Dia)</i>	
Salad Meal A	☐ Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, potato salad & roast pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Creamed Sago & Stewed Apricots <i>(Dia)</i>	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Chicken, Mayo & Lettuce	
Sandwich B	☐ Ham, Cheese & Tomato	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

4 November 2025 – 7 November 2025 (CHILLED MEALS ONLY)

Item	TUESDAY – 4 November 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Roast Pork, gravy & apple sauce, roast potato, pumpkin & baked zucchini <i>(GF, LF, Dia)</i>	
Main Meal B	☐ Beef Lasagne with Broccoli, Cauliflower & Carrots <i>(Dia)</i>	
Vegetarian Main Meal	☐ Zucchini & Corn Slice with broccoli, cauliflower & carrot <i>(GF, Dia)</i>	
Salad Meal A	☐ Greek Salad with sweet potato salad & beef <i>(GF, LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & lamb <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Pumpkin Soup <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apple Tea Cake with Custard <i>(Dia)</i>	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Roast Pork, Cheese, Red onion & Apple Sauce	
Sandwich B	☐ Egg, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	WEDNESDAY – 5 November 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Chicken Kiev's with mashed potato, peas & corn <i>(Dia)</i>	
Main Meal B	☐ Cottage Pie (Beef) with roast pumpkin, beans & cauliflower <i>(GF, LF, Dia)</i>	
Vegetarian Main Meal	☐ Roast Pumpkin, chickpea & spinach risotto with beans & cauliflower <i>(GF, LF, Dia)</i>	
Salad Meal A	☐ Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork <i>(GF, LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & chicken <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Crème of Tomato Soup <i>(GF, LF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Syrup Steamed Pudding & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Pickled Pork, Cheese & Tomato	
Sandwich B	☐ Roast Beef, Cheese & Dijon Mustard	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	THURSDAY – 6 November 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Chicken Carbonara with mashed potato Broccoli, Cauliflower & Carrots <i>(Dia)</i>	
Main Meal B	☐ Beef Pie & Gravy with mashed potato & mushy peas <i>(LF, Dia)</i>	
Vegetarian Main Meal	☐ Vegetarian Pastie with broccoli, cauliflower & carrots <i>(LF, Dia)</i>	
Salad Meal A	☐ Chicken pesto pasta salad, sundried tomato, red onion & pesto mayo <i>(LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & pickled pork <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Asparagus Soup <i>(LF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Mango Mousse & Pears <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Corned Beef, Cheese & Pickles	
Sandwich B	☐ Curried Egg & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Item	FRIDAY – 7 November 2025	QTY
Main Meals (choose any of the below for your main meal)		
Main Meal A	☐ Baked Fish, tomato & basil sauce, roast chat potato, carrot & beans <i>(GF, LF, Dia)</i>	
Main Meal B	☐ Corned Beef & mustard white sauce with mashed potato, roast sweet potato & peas <i>(GF, Dia)</i>	
Vegetarian Main Meal	☐ Sundried tomato, spinach & olive frittata with roast sweet potato & peas <i>(Dia)</i>	
Salad Meal A	☐ Tuna Nicoise Salad <i>(GF, LF, Dia)</i>	
Salad Meal B	☐ Garden Salad with egg, sweet potato salad & Silverside <i>(GF, LF, Dia)</i>	
Please indicate your meal size: ☐ Standard ☐ Small		
Other Menu Items		
Soup	☐ Chicken & Corn Soup <i>(GF, Dia)</i>	
	☐ Allergy/Dietary Soup only	
Dessert	☐ Apple Pie & Custard	
	☐ Allergy/Dietary Dessert only	
Sandwich A	☐ Ham, cheese & tomato	
Sandwich B	☐ Chicken, Mayo & Lettuce	
Please indicate your bread preference for Sandwiches: ☐ White ☐ Wholemeal ☐ Multi-grain		
1L-Fruit Drink	☐ Apple ☐ Orange ☐ Tropical ☐ Pine orange	
Snack Pack A	☐ Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar	
Snack Pack B	☐ Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar	
Breakfast bag	☐ Please call the office to make selections	

Office Use Only:

Run No: _____ Processed by: _____