

Client Name: \_\_\_\_\_

16 September – 19 September (CHILLED MEALS ONLY)

| Item                                                                                                                                                            | TUESDAY – 16 September 2025                                                                                                           | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| Main Meals (choose any of the below for your main meal)                                                                                                         |                                                                                                                                       |     |
| Main Meal A                                                                                                                                                     | <input type="checkbox"/> Honey Mustard Chicken with rice, beans & carrots (GF, Dia)                                                   |     |
| Main Meal B                                                                                                                                                     | <input type="checkbox"/> Roast Beef & Gravy with roast potato, roast pumpkin & peas (GF, LF, Dia)                                     |     |
| Vegetarian Main Meal                                                                                                                                            | <input type="checkbox"/> Mushroom & Spinach Risotto with peas & carrots (GF, LF, Dia)                                                 |     |
| Salad Meal A                                                                                                                                                    | <input type="checkbox"/> Chicken Caesar Salad (Dia)                                                                                   |     |
| Salad Meal B                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, potato salad & roast beef (GF, LF, Dia)                                               |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| Other Menu Items                                                                                                                                                |                                                                                                                                       |     |
| Soup                                                                                                                                                            | <input type="checkbox"/> Crème of Vegetable (GF, LF, Dia)                                                                             |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| Dessert                                                                                                                                                         | <input type="checkbox"/> Bread & Butter Pudding with whipped cream                                                                    |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| Sandwich A                                                                                                                                                      | <input type="checkbox"/> Picked pork, cheese & tomato                                                                                 |     |
| Sandwich B                                                                                                                                                      | <input type="checkbox"/> Egg & Lettuce                                                                                                |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| 1L-Fruit Drink                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| Snack Pack A                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| Snack Pack B                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| Breakfast bag                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | WEDNESDAY – 17 September 2025                                                                                                         | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| Main Meals (choose any of the below for your main meal)                                                                                                         |                                                                                                                                       |     |
| Main Meal A                                                                                                                                                     | <input type="checkbox"/> Minted Lamb Casserole with mashed potato, carrots & beans (GF, LF, Dia)                                      |     |
| Main Meal B                                                                                                                                                     | <input type="checkbox"/> Pickled Pork & white sauce with mashed pumpkin, peas & squash (GF, Dia)                                      |     |
| Vegetarian Main Meal                                                                                                                                            | <input type="checkbox"/> Spinach & Feta Slice with mashed potato, carrots & beans (GF, Dia)                                           |     |
| Salad Meal A                                                                                                                                                    | <input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb (GF, LF, Dia)                                  |     |
| Salad Meal B                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, potato salad & pickled pork (GF, LF, Dia)                                             |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| Other Menu Items                                                                                                                                                |                                                                                                                                       |     |
| Soup                                                                                                                                                            | <input type="checkbox"/> French Onion Soup (GF, LF, Dia)                                                                              |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| Dessert                                                                                                                                                         | <input type="checkbox"/> Lemon Cheesecake                                                                                             |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| Sandwich A                                                                                                                                                      | <input type="checkbox"/> Roast Beef, Cheese & Tomato chutney                                                                          |     |
| Sandwich B                                                                                                                                                      | <input type="checkbox"/> Chicken Mayo & Lettuce                                                                                       |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| 1L-Fruit Drink                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| Snack Pack A                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| Snack Pack B                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| Breakfast bag                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | THURSDAY – 18 September 2025                                                                                                          | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| Main Meals (choose any of the below for your main meal)                                                                                                         |                                                                                                                                       |     |
| Main Meal A                                                                                                                                                     | <input type="checkbox"/> Apricot Chicken with rice, beans & carrots (GF, LF, Dia)                                                     |     |
| Main Meal B                                                                                                                                                     | <input type="checkbox"/> Italian Pork meatballs in Napoli sauce, mashed potato, broccoli & corn (GF, Dia)                             |     |
| Vegetarian Main Meal                                                                                                                                            | <input type="checkbox"/> Pea, Carrot & Peanut Pilaf with broccoli & corn (GF, LF, Dia)                                                |     |
| Salad Meal A                                                                                                                                                    | <input type="checkbox"/> Roast sweet potato, sultana & peanut rice salad with roast beef (GF, LF, Dia)                                |     |
| Salad Meal B                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb (GF, LF, Dia)                                               |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| Other Menu Items                                                                                                                                                |                                                                                                                                       |     |
| Soup                                                                                                                                                            | <input type="checkbox"/> Potato & Leek (GF, Dia)                                                                                      |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| Dessert                                                                                                                                                         | <input type="checkbox"/> Fruit cake & Custard (Dia)                                                                                   |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| Sandwich A                                                                                                                                                      | <input type="checkbox"/> Pork, cheese, red onion & apple sauce                                                                        |     |
| Sandwich B                                                                                                                                                      | <input type="checkbox"/> Tuna, Mayo, & Lettuce                                                                                        |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| 1L-Fruit Drink                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| Snack Pack A                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| Snack Pack B                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| Breakfast bag                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | FRIDAY – 19 September 2025                                                                                                            | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| Main Meals (choose any of the below for your main meal)                                                                                                         |                                                                                                                                       |     |
| Main Meal A                                                                                                                                                     | <input type="checkbox"/> Roast Chicken, Gravy with roast potato, carrots & brussel sprouts (GF, LF, Dia)                              |     |
| Main Meal B                                                                                                                                                     | <input type="checkbox"/> Crumbed Fish & Tartare Sauce with chips, mashed pumpkin & beans (Dia)                                        |     |
| Vegetarian Main Meal                                                                                                                                            | <input type="checkbox"/> Vegetarian dim sims with roast potato, honey carrots & brussel sprouts (LF, Dia)                             |     |
| Salad Meal A                                                                                                                                                    | <input type="checkbox"/> Chicken Pesto pasta salad, sundried tomato, red onion & pesto mayo (LF, Dia)                                 |     |
| Salad Meal B                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, potato salad & roast pork (GF, LF, Dia)                                               |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| Other Menu Items                                                                                                                                                |                                                                                                                                       |     |
| Soup                                                                                                                                                            | <input type="checkbox"/> Crème of Broccoli Soup (Dia)                                                                                 |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| Dessert                                                                                                                                                         | <input type="checkbox"/> Mud cake & ganache                                                                                           |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| Sandwich A                                                                                                                                                      | <input type="checkbox"/> Ham, cheese & tomato                                                                                         |     |
| Sandwich B                                                                                                                                                      | <input type="checkbox"/> Curried Egg & Lettuce                                                                                        |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| 1L-Fruit Drink                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| Snack Pack A                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| Snack Pack B                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| Breakfast bag                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

## 23 September – 26 September 2025 (CHILLED MEALS ONLY)

| Item                                                                                                                                                                   | TUESDAY – 23 September 2025                                                                                                           | QTY |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>Main Meals (choose any of the below for your main meal)</b>                                                                                                         |                                                                                                                                       |     |
| <b>Main Meal A</b>                                                                                                                                                     | <input type="checkbox"/> Beef Sausages, onion gravy, sweet potato mash, beans & squash <i>(GF, LF, Dia)</i>                           |     |
| <b>Main Meal B</b>                                                                                                                                                     | <input type="checkbox"/> Chicken Schnitzel & gravy with roast pumpkin, peas & corn <i>(GF, LF, Dia)</i>                               |     |
| <b>Vegetarian Main Meal</b>                                                                                                                                            | <input type="checkbox"/> Roasted pumpkin, chickpea & spinach risotto with beans & squash <i>(GF, LF, Dia)</i>                         |     |
| <b>Salad Meal A</b>                                                                                                                                                    | <input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork <i>(GF, LF, Dia)</i>          |     |
| <b>Salad Meal B</b>                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast lamb <i>(GF, LF, Dia)</i>                                  |     |
| <b>Please indicate your meal size:</b> <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| <b>Other Menu Items</b>                                                                                                                                                |                                                                                                                                       |     |
| <b>Soup</b>                                                                                                                                                            | <input type="checkbox"/> Crème of Cauliflower Soup <i>(GF, Dia)</i>                                                                   |     |
|                                                                                                                                                                        | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| <b>Dessert</b>                                                                                                                                                         | <input type="checkbox"/> Apricot Crumble & Custard                                                                                    |     |
|                                                                                                                                                                        | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| <b>Sandwich A</b>                                                                                                                                                      | <input type="checkbox"/> Chicken, Mayo & Lettuce                                                                                      |     |
| <b>Sandwich B</b>                                                                                                                                                      | <input type="checkbox"/> Corned Beef, Cheese & Pickles                                                                                |     |
| <b>Please indicate your bread preference for Sandwiches:</b><br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| <b>1L-Fruit Drink</b>                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| <b>Snack Pack A</b>                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| <b>Snack Pack B</b>                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| <b>Breakfast bag</b>                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                                   | WEDNESDAY – 24 September 2025                                                                                                         | QTY |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>Main Meals (choose any of the below for your main meal)</b>                                                                                                         |                                                                                                                                       |     |
| <b>Main Meal A</b>                                                                                                                                                     | <input type="checkbox"/> BBQ Pulled Pork with mashed potato, peas & carrots <i>(GF, LF,)</i>                                          |     |
| <b>Main Meal B</b>                                                                                                                                                     | <input type="checkbox"/> Beef Rissoles & gravy with sweet potato mash, beans & cabbage <i>(GF, LF Dia)</i>                            |     |
| <b>Vegetarian Main Meal</b>                                                                                                                                            | <input type="checkbox"/> Zucchini & Corn Slice with sweet potato mash, beans & cabbage <i>(GF, Dia)</i>                               |     |
| <b>Salad Meal A</b>                                                                                                                                                    | <input type="checkbox"/> Thai Chicken Salad <i>(LF, Dia)</i>                                                                          |     |
| <b>Salad Meal B</b>                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast beef <i>(GF, LF, Dia)</i>                                  |     |
| <b>Please indicate your meal size:</b> <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| <b>Other Menu Items</b>                                                                                                                                                |                                                                                                                                       |     |
| <b>Soup</b>                                                                                                                                                            | <input type="checkbox"/> Mushroom Soup <i>(GF, Dia)</i>                                                                               |     |
|                                                                                                                                                                        | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| <b>Dessert</b>                                                                                                                                                         | <input type="checkbox"/> Carrot Cake with Cream Cheese Icing                                                                          |     |
|                                                                                                                                                                        | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| <b>Sandwich A</b>                                                                                                                                                      | <input type="checkbox"/> Roast Beef, Tomato & Dijon Mustard                                                                           |     |
| <b>Sandwich B</b>                                                                                                                                                      | <input type="checkbox"/> Ham, Cheese & Pickles                                                                                        |     |
| <b>Please indicate your bread preference for Sandwiches:</b><br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| <b>1L-Fruit Drink</b>                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| <b>Snack Pack A</b>                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| <b>Snack Pack B</b>                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| <b>Breakfast bag</b>                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                                   | THURSDAY – 25 September 2025                                                                                                          | QTY |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>Main Meals (choose any of the below for your main meal)</b>                                                                                                         |                                                                                                                                       |     |
| <b>Main Meal A</b>                                                                                                                                                     | <input type="checkbox"/> Roast Lamb & rosemary gravy mashed potato, roast pumpkin & peas <i>(GF, LF, Dia)</i>                         |     |
| <b>Main Meal B</b>                                                                                                                                                     | <input type="checkbox"/> Battered Sweet & Sour Pork with fried rice, broccoli, carrots & cauliflower <i>(LF, Dia)</i>                 |     |
| <b>Vegetarian Main Meal</b>                                                                                                                                            | <input type="checkbox"/> Vegetarian Schnitzel with fried rice, broccoli, carrots & cauliflower <i>(GF, LF, Dia)</i>                   |     |
| <b>Salad Meal A</b>                                                                                                                                                    | <input type="checkbox"/> Greek Salad <i>(GF, LF, Dia)</i>                                                                             |     |
| <b>Salad Meal B</b>                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, sweet potato salad & roast pork <i>(GF, LF, Dia)</i>                                  |     |
| <b>Please indicate your meal size:</b> <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| <b>Other Menu Items</b>                                                                                                                                                |                                                                                                                                       |     |
| <b>Soup</b>                                                                                                                                                            | <input type="checkbox"/> Chicken Noodle <i>(LF, Dia)</i>                                                                              |     |
|                                                                                                                                                                        | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| <b>Dessert</b>                                                                                                                                                         | <input type="checkbox"/> Creamed Rice with Apricots <i>(GF, Dia)</i>                                                                  |     |
|                                                                                                                                                                        | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| <b>Sandwich A</b>                                                                                                                                                      | <input type="checkbox"/> BBQ Pulled Pork & Coleslaw                                                                                   |     |
| <b>Sandwich B</b>                                                                                                                                                      | <input type="checkbox"/> Egg, Mayo & Lettuce                                                                                          |     |
| <b>Please indicate your bread preference for Sandwiches:</b><br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| <b>1L-Fruit Drink</b>                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| <b>Snack Pack A</b>                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| <b>Snack Pack B</b>                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| <b>Breakfast bag</b>                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                                   | FRIDAY – 26 September 2025                                                                                                            | QTY |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>Main Meals (choose any of the below for your main meal)</b>                                                                                                         |                                                                                                                                       |     |
| <b>Main Meal A</b>                                                                                                                                                     | <input type="checkbox"/> Grilled Fish & hollandaise sauce with mashed potato, broccoli & carrots <i>(GF, Dia)</i>                     |     |
| <b>Main Meal B</b>                                                                                                                                                     | <input type="checkbox"/> Mild Chicken Korma with rice, roast pumpkin & beans <i>(GF, LF)</i>                                          |     |
| <b>Vegetarian Main Meal</b>                                                                                                                                            | <input type="checkbox"/> Roast pumpkin & sundried tomato creamy pasta with broccoli & carrots <i>(Dia)</i>                            |     |
| <b>Salad Meal A</b>                                                                                                                                                    | <input type="checkbox"/> Tuna Nicoise Salad <i>(GF, LF, Dia)</i>                                                                      |     |
| <b>Salad Meal B</b>                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, sweet potato salad & corned beef <i>(GF, LF, Dia)</i>                                 |     |
| <b>Please indicate your meal size:</b> <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| <b>Other Menu Items</b>                                                                                                                                                |                                                                                                                                       |     |
| <b>Soup</b>                                                                                                                                                            | <input type="checkbox"/> Beef & Vegetable <i>(GF, LF, Dia)</i>                                                                        |     |
|                                                                                                                                                                        | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| <b>Dessert</b>                                                                                                                                                         | <input type="checkbox"/> Two Fruits Jelly & Custard                                                                                   |     |
|                                                                                                                                                                        | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| <b>Sandwich A</b>                                                                                                                                                      | <input type="checkbox"/> Ham, Cheese & Tomato                                                                                         |     |
| <b>Sandwich B</b>                                                                                                                                                      | <input type="checkbox"/> Curried Egg & Lettuce                                                                                        |     |
| <b>Please indicate your bread preference for Sandwiches:</b><br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| <b>1L-Fruit Drink</b>                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| <b>Snack Pack A</b>                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| <b>Snack Pack B</b>                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| <b>Breakfast bag</b>                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

Client Name: \_\_\_\_\_

30 September – 3 October 2025 (CHILLED MEALS ONLY)

| Item                                                                                                                                                            | TUESDAY – 30 September 2025                                                                                                           | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| Main Meals (choose any of the below for your main meal)                                                                                                         |                                                                                                                                       |     |
| Main Meal A                                                                                                                                                     | <input type="checkbox"/> Quiche Lorraine & tomato chutney with roast Potato, broccoli & squash <i>(Dia)</i>                           |     |
| Main Meal B                                                                                                                                                     | <input type="checkbox"/> Meatloaf (Beef) & gravy, mashed potato, roast carrots & beans <i>(GF, LF, Dia)</i>                           |     |
| Vegetarian Main Meal                                                                                                                                            | <input type="checkbox"/> Pesto, sundried tomato creamy pasta with roasted carrots & beans <i>(Dia)</i>                                |     |
| Salad Meal A                                                                                                                                                    | <input type="checkbox"/> Chicken Caesar Salad <i>(Dia)</i>                                                                            |     |
| Salad Meal B                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, potato salad & roast beef <i>(GF, LF, Dia)</i>                                        |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| Other Menu Items                                                                                                                                                |                                                                                                                                       |     |
| Soup                                                                                                                                                            | <input type="checkbox"/> Potato & Leek Soup <i>(GF, Dia)</i>                                                                          |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| Dessert                                                                                                                                                         | <input type="checkbox"/> Sticky Date Pudding & Custard                                                                                |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| Sandwich A                                                                                                                                                      | <input type="checkbox"/> Roast Beef, Cheese & Tomato Chutney                                                                          |     |
| Sandwich B                                                                                                                                                      | <input type="checkbox"/> Tuna, Mayo, & Lettuce                                                                                        |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| 1L-Fruit Drink                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| Snack Pack A                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| Snack Pack B                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| Breakfast bag                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | WEDNESDAY – 1 October 2025                                                                                                            | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| Main Meals (choose any of the below for your main meal)                                                                                                         |                                                                                                                                       |     |
| Main Meal A                                                                                                                                                     | <input type="checkbox"/> Chicken Vegetable Pie & gravy with mashed pumpkin & peas                                                     |     |
| Main Meal B                                                                                                                                                     | <input type="checkbox"/> Roast Beef & gravy with roast potato, roast carrots & beans <i>(GF, LF, Dia)</i>                             |     |
| Vegetarian Main Meal                                                                                                                                            | <input type="checkbox"/> Spinach & Feta Frittata with mashed pumpkin & peas <i>(GF, Dia)</i>                                          |     |
| Salad Meal A                                                                                                                                                    | <input type="checkbox"/> Roast Sweet Potato, sultana & peanut rice salad with roast beef <i>(GF, LF, Dia)</i>                         |     |
| Salad Meal B                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, potato salad & roast lamb <i>(GF, LF, Dia)</i>                                        |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| Other Menu Items                                                                                                                                                |                                                                                                                                       |     |
| Soup                                                                                                                                                            | <input type="checkbox"/> Minestrone <i>(GF, LF, Dia)</i>                                                                              |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| Dessert                                                                                                                                                         | <input type="checkbox"/> Mango Cheesecake                                                                                             |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| Sandwich A                                                                                                                                                      | <input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce                                                                  |     |
| Sandwich B                                                                                                                                                      | <input type="checkbox"/> Corned Beef & Pickles                                                                                        |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| 1L-Fruit Drink                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| Snack Pack A                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| Snack Pack B                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| Breakfast bag                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | THURSDAY – 2 October 2025                                                                                                             | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| Main Meals (choose any of the below for your main meal)                                                                                                         |                                                                                                                                       |     |
| Main Meal A                                                                                                                                                     | <input type="checkbox"/> Roast Chicken & chasseur sauce with roast chat potato, carrot & beans <i>(GF, Dia)</i>                       |     |
| Main Meal B                                                                                                                                                     | <input type="checkbox"/> Beef Stroganoff with rice, corn & baked zucchini <i>(GF, Dia)</i>                                            |     |
| Vegetarian Main Meal                                                                                                                                            | <input type="checkbox"/> Vegetarian Steamed Dim Sims with Rice, Corn & Baked Zucchini <i>(LF, Dia)</i>                                |     |
| Salad Meal A                                                                                                                                                    | <input type="checkbox"/> Thai Chicken Salad <i>(LF, Dia)</i>                                                                          |     |
| Salad Meal B                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, potato salad & corned beef <i>(GF, LF, Dia)</i>                                       |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| Other Menu Items                                                                                                                                                |                                                                                                                                       |     |
| Soup                                                                                                                                                            | <input type="checkbox"/> Spring Vegetable Soup <i>(GF, Dia)</i>                                                                       |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| Dessert                                                                                                                                                         | <input type="checkbox"/> Apple rhubarb sponge with custard <i>(Dia)</i>                                                               |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| Sandwich A                                                                                                                                                      | <input type="checkbox"/> Egg, Mayo & Lettuce                                                                                          |     |
| Sandwich B                                                                                                                                                      | <input type="checkbox"/> Pickled Pork, Cheese & Tomato                                                                                |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| 1L-Fruit Drink                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| Snack Pack A                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| Snack Pack B                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| Breakfast bag                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | FRIDAY – 3 October 2025                                                                                                               | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| Main Meals (choose any of the below for your main meal)                                                                                                         |                                                                                                                                       |     |
| Main Meal A                                                                                                                                                     | <input type="checkbox"/> Curried beef sausages with rice, carrots & beans <i>(GF, LF, Dia)</i>                                        |     |
| Main Meal B                                                                                                                                                     | <input type="checkbox"/> Battered Fish & tartare sauce with chips, mashed pumpkin & peas <i>(Dia)</i>                                 |     |
| Vegetarian Main Meal                                                                                                                                            | <input type="checkbox"/> Pea, Carrot & Peanut Pilaf with mashed pumpkin & beans <i>(GF, LF, Dia)</i>                                  |     |
| Salad Meal A                                                                                                                                                    | <input type="checkbox"/> Beetroot, Feta & Walnut Salad with onion, potato salad & lamb <i>(GF, LF, Dia)</i>                           |     |
| Salad Meal B                                                                                                                                                    | <input type="checkbox"/> Garden Salad with egg, potato salad & roast pork <i>(GF, LF, Dia)</i>                                        |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| Other Menu Items                                                                                                                                                |                                                                                                                                       |     |
| Soup                                                                                                                                                            | <input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>                                                                    |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| Dessert                                                                                                                                                         | <input type="checkbox"/> Creamed Sago & Stewed Apricots <i>(Dia)</i>                                                                  |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| Sandwich A                                                                                                                                                      | <input type="checkbox"/> Chicken, Mayo & Lettuce                                                                                      |     |
| Sandwich B                                                                                                                                                      | <input type="checkbox"/> Ham, Cheese & Tomato                                                                                         |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| 1L-Fruit Drink                                                                                                                                                  | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| Snack Pack A                                                                                                                                                    | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| Snack Pack B                                                                                                                                                    | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| Breakfast bag                                                                                                                                                   | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

## 7 October – 10 October 2025 (CHILLED MEALS ONLY)

| Item                                                                                                                                                            | TUESDAY – 7 October 2025                                                                                                              | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>Main Meals (choose any of the below for your main meal)</b>                                                                                                  |                                                                                                                                       |     |
| <b>Main Meal A</b>                                                                                                                                              | <input type="checkbox"/> Roast Pork, gravy & apple sauce, roast potato, pumpkin & baked zucchini <i>(GF, LF, Dia)</i>                 |     |
| <b>Main Meal B</b>                                                                                                                                              | <input type="checkbox"/> Beef Lasagne with Broccoli, Cauliflower & Carrots <i>(Dia)</i>                                               |     |
| <b>Vegetarian Main Meal</b>                                                                                                                                     | <input type="checkbox"/> Zucchini & Corn Slice with broccoli, cauliflower & carrot <i>(GF, Dia)</i>                                   |     |
| <b>Salad Meal A</b>                                                                                                                                             | <input type="checkbox"/> Greek Salad with sweet potato salad & beef <i>(GF, LF, Dia)</i>                                              |     |
| <b>Salad Meal B</b>                                                                                                                                             | <input type="checkbox"/> Garden Salad with egg, sweet potato salad & lamb <i>(GF, LF, Dia)</i>                                        |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| <b>Other Menu Items</b>                                                                                                                                         |                                                                                                                                       |     |
| <b>Soup</b>                                                                                                                                                     | <input type="checkbox"/> Pumpkin Soup <i>(GF, Dia)</i>                                                                                |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| <b>Dessert</b>                                                                                                                                                  | <input type="checkbox"/> Apple Tea Cake with Custard <i>(Dia)</i>                                                                     |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| <b>Sandwich A</b>                                                                                                                                               | <input type="checkbox"/> Roast Pork, Cheese, Red onion & Apple Sauce                                                                  |     |
| <b>Sandwich B</b>                                                                                                                                               | <input type="checkbox"/> Egg, Mayo & Lettuce                                                                                          |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| <b>1L-Fruit Drink</b>                                                                                                                                           | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| <b>Snack Pack A</b>                                                                                                                                             | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| <b>Snack Pack B</b>                                                                                                                                             | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| <b>Breakfast bag</b>                                                                                                                                            | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | WEDNESDAY – 8 October 2025                                                                                                            | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>Main Meals (choose any of the below for your main meal)</b>                                                                                                  |                                                                                                                                       |     |
| <b>Main Meal A</b>                                                                                                                                              | <input type="checkbox"/> Chicken Kiev's with mashed potato, peas & corn <i>(Dia)</i>                                                  |     |
| <b>Main Meal B</b>                                                                                                                                              | <input type="checkbox"/> Cottage Pie (Beef) with roast pumpkin, beans & cauliflower <i>(GF, LF, Dia)</i>                              |     |
| <b>Vegetarian Main Meal</b>                                                                                                                                     | <input type="checkbox"/> Roast Pumpkin, chickpea & spinach risotto with beans & cauliflower <i>(GF, LF, Dia)</i>                      |     |
| <b>Salad Meal A</b>                                                                                                                                             | <input type="checkbox"/> Roast Pumpkin, chickpea & red onion salad with sweet potato salad & roast pork <i>(GF, LF, Dia)</i>          |     |
| <b>Salad Meal B</b>                                                                                                                                             | <input type="checkbox"/> Garden Salad with egg, sweet potato salad & chicken <i>(GF, LF, Dia)</i>                                     |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| <b>Other Menu Items</b>                                                                                                                                         |                                                                                                                                       |     |
| <b>Soup</b>                                                                                                                                                     | <input type="checkbox"/> Crème of Tomato Soup <i>(GF, LF, Dia)</i>                                                                    |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| <b>Dessert</b>                                                                                                                                                  | <input type="checkbox"/> Syrup Steamed Pudding & Custard                                                                              |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| <b>Sandwich A</b>                                                                                                                                               | <input type="checkbox"/> Pickled Pork, Cheese & Tomato                                                                                |     |
| <b>Sandwich B</b>                                                                                                                                               | <input type="checkbox"/> Roast Beef, Cheese & Dijon Mustard                                                                           |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| <b>1L-Fruit Drink</b>                                                                                                                                           | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| <b>Snack Pack A</b>                                                                                                                                             | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| <b>Snack Pack B</b>                                                                                                                                             | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| <b>Breakfast bag</b>                                                                                                                                            | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | THURSDAY – 9 October 2025                                                                                                             | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>Main Meals (choose any of the below for your main meal)</b>                                                                                                  |                                                                                                                                       |     |
| <b>Main Meal A</b>                                                                                                                                              | <input type="checkbox"/> Chicken Carbonara with mashed potato Broccoli, Cauliflower & Carrots <i>(Dia)</i>                            |     |
| <b>Main Meal B</b>                                                                                                                                              | <input type="checkbox"/> Beef Pie & Gravy with mashed potato & mushy peas <i>(LF, Dia)</i>                                            |     |
| <b>Vegetarian Main Meal</b>                                                                                                                                     | <input type="checkbox"/> Vegetarian Pastie with broccoli, cauliflower & carrots <i>(LF, Dia)</i>                                      |     |
| <b>Salad Meal A</b>                                                                                                                                             | <input type="checkbox"/> Chicken pesto pasta salad, sundried tomato, red onion & pesto mayo <i>(LF, Dia)</i>                          |     |
| <b>Salad Meal B</b>                                                                                                                                             | <input type="checkbox"/> Garden Salad with egg, sweet potato salad & pickled pork <i>(GF, LF, Dia)</i>                                |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| <b>Other Menu Items</b>                                                                                                                                         |                                                                                                                                       |     |
| <b>Soup</b>                                                                                                                                                     | <input type="checkbox"/> Asparagus Soup <i>(LF, Dia)</i>                                                                              |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| <b>Dessert</b>                                                                                                                                                  | <input type="checkbox"/> Mango Mousse & Pears <i>(GF, Dia)</i>                                                                        |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| <b>Sandwich A</b>                                                                                                                                               | <input type="checkbox"/> Corned Beef, Cheese & Pickles                                                                                |     |
| <b>Sandwich B</b>                                                                                                                                               | <input type="checkbox"/> Curried Egg & Lettuce                                                                                        |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| <b>1L-Fruit Drink</b>                                                                                                                                           | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| <b>Snack Pack A</b>                                                                                                                                             | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| <b>Snack Pack B</b>                                                                                                                                             | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| <b>Breakfast bag</b>                                                                                                                                            | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

| Item                                                                                                                                                            | FRIDAY – 10 October 2025                                                                                                              | QTY |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>Main Meals (choose any of the below for your main meal)</b>                                                                                                  |                                                                                                                                       |     |
| <b>Main Meal A</b>                                                                                                                                              | <input type="checkbox"/> Baked Fish, tomato & basil sauce, roast chat potato, carrot & beans <i>(GF, LF, Dia)</i>                     |     |
| <b>Main Meal B</b>                                                                                                                                              | <input type="checkbox"/> Corned Beef & mustard white sauce with mashed potato, roast sweet potato & peas <i>(GF, Dia)</i>             |     |
| <b>Vegetarian Main Meal</b>                                                                                                                                     | <input type="checkbox"/> Sundried tomato, spinach & olive frittata with roast sweet potato & peas <i>(Dia)</i>                        |     |
| <b>Salad Meal A</b>                                                                                                                                             | <input type="checkbox"/> Tuna Nicoise Salad <i>(GF, LF, Dia)</i>                                                                      |     |
| <b>Salad Meal B</b>                                                                                                                                             | <input type="checkbox"/> Garden Salad with egg, sweet potato salad & Silverside <i>(GF, LF, Dia)</i>                                  |     |
| Please indicate your meal size: <input type="checkbox"/> Standard <input type="checkbox"/> Small                                                                |                                                                                                                                       |     |
| <b>Other Menu Items</b>                                                                                                                                         |                                                                                                                                       |     |
| <b>Soup</b>                                                                                                                                                     | <input type="checkbox"/> Chicken & Corn Soup <i>(GF, Dia)</i>                                                                         |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Soup only                                                                                    |     |
| <b>Dessert</b>                                                                                                                                                  | <input type="checkbox"/> Apple Pie & Custard                                                                                          |     |
|                                                                                                                                                                 | <input type="checkbox"/> Allergy/Dietary Dessert only                                                                                 |     |
| <b>Sandwich A</b>                                                                                                                                               | <input type="checkbox"/> Ham, cheese & tomato                                                                                         |     |
| <b>Sandwich B</b>                                                                                                                                               | <input type="checkbox"/> Chicken, Mayo & Lettuce                                                                                      |     |
| Please indicate your bread preference for Sandwiches:<br><input type="checkbox"/> White <input type="checkbox"/> Wholemeal <input type="checkbox"/> Multi-grain |                                                                                                                                       |     |
| <b>1L-Fruit Drink</b>                                                                                                                                           | <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Tropical <input type="checkbox"/> Pine orange |     |
| <b>Snack Pack A</b>                                                                                                                                             | <input type="checkbox"/> Assorted Fruit Cup, Oat Bar, Fruit Yoghurt, Fruit Bar                                                        |     |
| <b>Snack Pack B</b>                                                                                                                                             | <input type="checkbox"/> Assorted Rice Cakes, Cheese & Crackers, Nuts, Fruit Filled Bar                                               |     |
| <b>Breakfast bag</b>                                                                                                                                            | <input type="checkbox"/> Please call the office to make selections                                                                    |     |

Office Use Only:

Run No: \_\_\_\_\_ Processed by: \_\_\_\_\_